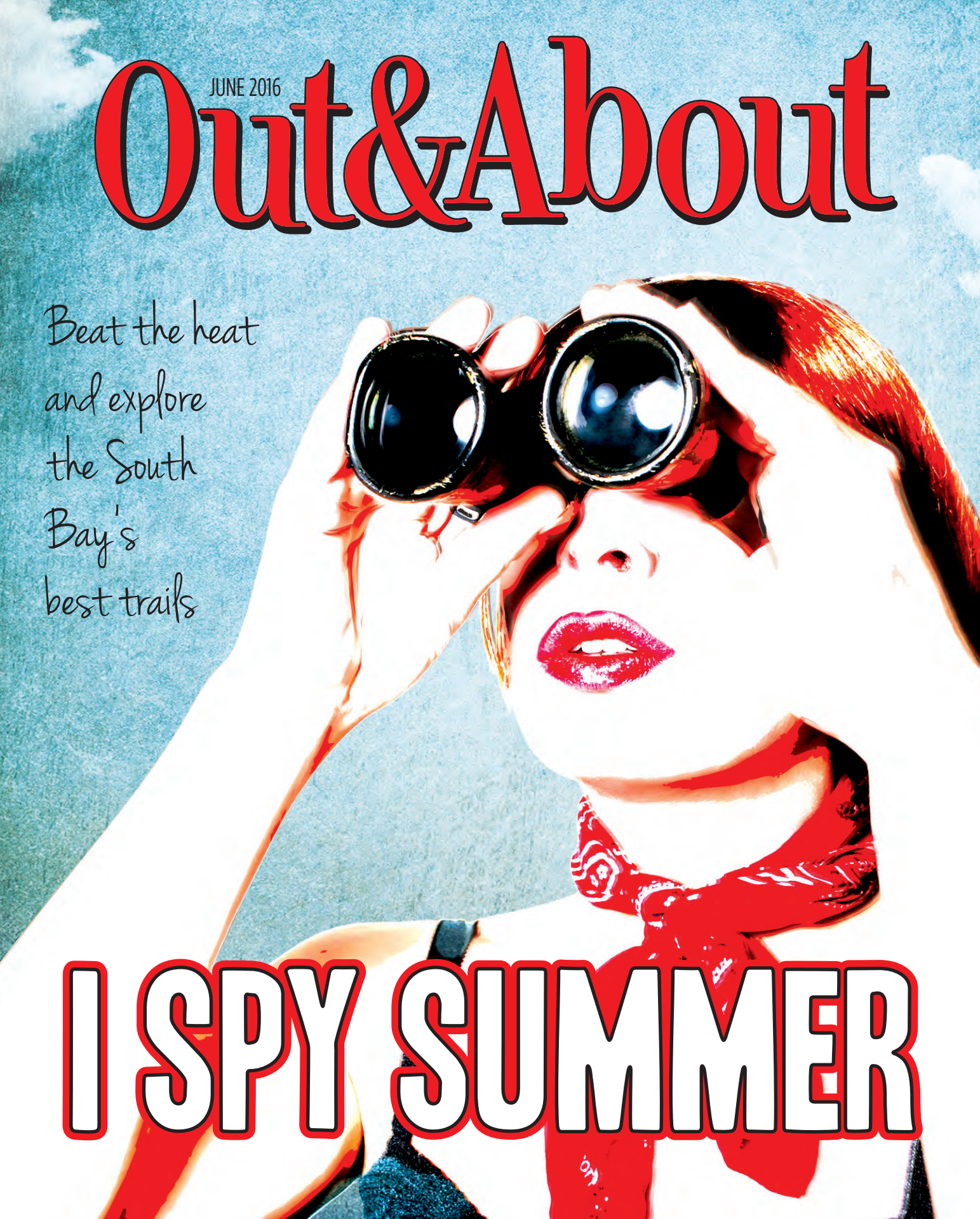


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JUNE 2016

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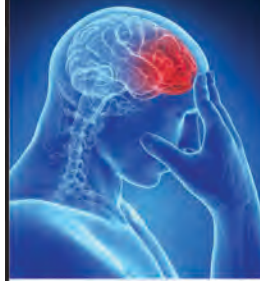
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Grooving into the Summer Months

Happy summer! June is all about music and the summer concert series running across the region have everything we could want: Fifth Street Live concerts every Friday night in Gilroy; the Friday Night Music Series in Morgan Hill; Vasona Vibrations in Los Gatos; and the Summer Concert Series in Downtown Campbell—all are wonderful family events to enjoy from a beach or lawn chair or, better yet, on the dance floor.

June 4-5 is the Castroville Artichoke Food & Wine Festival, now being held at the Monterey County Fairgrounds,



and the Wag & Walk 5K will get moving June 11 in Hollister. I'll take our pack of poodles along, which is always a good way to make some new friends. June 18 is the Second Annual Yoga Festival in Morgan Hill at the Community Park at West Edmondson, but let's not forget Father's Day weekend!

The Hollister Air Show will fly high June 18-19, and it's a great way to take the dads in your life out to enjoy some vintage aircraft and world-renowned pilots. Check our Calendar and Crossroads sections for these and more local events to enjoy with friends and family.

The first week of June is also about CPR and AED (Automatic External

Defibrillator) awareness. This is important to me not only because I was a paramedic, but also because it's the focus of Leadership Gilroy 2016's class project. We will be reaching out to our community to raise awareness for early citizen CPR and the use of AED. You can find more information about this work at heartsafe-community.org. And don't forget to sign up for our 5K on August 20 at Gilroy Sports Park or attend one of our many fundraisers.

Best of all, we've come up with a guide of the best trails and wineries this month to check out, and there is no expiration date. All you have to do is make a day of it.

Have fun, stay safe out there and don't forget the sunscreen!

Bobbi Jo Palmer

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CALENDAR LISTINGS

Deadline for the July issue is June 13, 2016

email: **calendar@outandaboutmagazine.com**

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Whether you're looking for the perfect summer quest for your little adventurer or a way for your child to perfect some seriously thrilling skills, The Little Gym Summer Camps have something for everyone! Plus, flexible scheduling options allow you to schedule several weeks, a single week or even just a day at a time!

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Tim Berger, via Flickr

The strenuous climb and lack of shade will all be worthwhile when you reach the top of Fremont's Mission Peak.

Pick a Path, Any Path

JODY AMABLE AND MIKE HUGUENOR

Summer is all about grilling, good music and great friends and family—but it's also about reconnecting with our surroundings, and thankfully the South Valley has some of the best trails in the world. We scoured the region for some of the coolest hikes for families and solo adventurers, as well as a few trails to kick back and sip a little vino. Enjoy!

Big Basin

It's hard to go wrong with a hike in Big Basin. About 20 miles outside of Santa Cruz in the wilderness that borders Highway 1, Big Basin boasts 80-plus miles of trail for every level of activity and interest: simple nature walks, full-day treks, and plenty of majestic scenery.

Stanford Dish Walk

Recently renovated, "the Dish Loop" or "Dish Hike" has been a favorite free outdoor activity for decades—a paved road that runs past the old satellite dish that looms over cattle fields and Interstate 280. There are a few inclines that can be a bit

of a challenge, but you'll be rewarded with sweeping views of the South Bay.

Mission Peak

Get those selfie sticks ready. Mission Peak is perhaps the region's most popular hike, but that doesn't mean it's a cake walk. Made up of six miles of varied terrain →10

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Zervas via Flickr

Uvas Canyon can't be beat when it comes to waterfalls.

◀8 and a punishing incline, Mission Peak trail leads up to the hills overlooking Fremont and greater Silicon Valley. The decorative tower at the summit is a popular place for a celebratory "we did it!" Instagram post. Bring plenty of water.

Henry Coe State Park

Straddling Santa Clara and Stanislaus counties, Henry W. Coe is Disneyland for nature lovers. More than 250 miles of trails and roads ready for

hiking, campgrounds, fishing, horseback riding, and some good old-fashioned swimmin' holes make up the attractions to be found here.

Uvas Canyon

The stars of the show at Uvas Canyon county park are its many waterfalls, but that's not all it has to offer. Uvas Canyon has picnic areas, campgrounds (with flush toilets!), and is dog-friendly, so long as Rover's leashed. The waterfalls can all be visited on the popular Waterfall Loop, but for something a little

different, pick the Contour Trail or the cardio-heavy Knibb's Knob or Knobcone.

The Pinnacles

With a backstory worthy of Game of Thrones, The Pinnacles National Park was created by volcanic eruptions that occurred 23 million years ago. What remains is one of the most unique preserves in all the world with large chaparral and oak woodlands flanked by giant canyons and featuring wildlife galore. Before choosing from 13 trails branching out from the

campgrounds, check out the "cyberkhike" on the park's website: www.nps.gov/pinn.

Sierra Vista

Just a short drive from downtown San Jose, the new Sierra Vista trails offer 11 miles of passageways free to roam from 8am to sunset. As part of the Santa Clara Valley Open Space Preserve, the 1.2-mile Aquila Loop is an especially family friendly hike looking out over Alum Rock. The space features majestic oak woodlands, rolling grasslands and chaparral communities.



South County wineries are destinations, too.

Sips in the Sun

Blaze a new trail with one of the region's many wineries.

Santa Clara Valley Wine Trail

VARIOUS LOCATIONS

We may not be known as a wine destination, but our climate's excellent for enterprising vintners. The Santa Clara Valley Wine Trail provides a welcome alternative to the two-hour trek to Napa. Stop in for a tasting at Solis, J. Lohr, Fortino and Guglielmo wineries, Kirigin Cellars, or even Casa de Fruta—yes, they have a winery. In total, there are 27 wineries to choose from. Personalized day trips can be arranged by going to santaclarawines.com or calling 408.659.0050.

Concannon

LIVERMORE

Run by the same family since 1883, Concannon is America's oldest ongoing single-family owned winery. Founded by an Irish immigrant, the Bordeaux-inspired vineyard is known for its Cabernet, and offers tours, tastings and seasonal food pairings. Tours run \$20 to \$70 per person, depending on length and type. With a beautiful location and staggering history, this is a true Northern California experience.

Testarossa

LOS GATOS

Though founded by two ex techies, Los Gatos' Testarossa Winery is a bastion of old-world wine technique. The result is a number of highly rated Pinot Noirs and Chardonnays, made in small batches. Every vintage released in 2012 was scored 90 or higher (out of 100) on the wine point system. Testarossa is based out of the historic Novitiate Winery in downtown Los Gatos, a stunning stone and wood seminary built by Jesuits in the 1880s. Tastings start at a reasonable \$10, which makes the winery a great place for the uninitiated.

Thomas Fogarty

SKYLINE BOULEVARD, WOODSIDE

Tomas Fogarty was a revolutionary cardiovascular surgeon before retiring and becoming one of the top 100 winemakers in the world, according to *Wine & Spirits Magazine*. As if saving countless lives weren't enough, the man has created an astounding grape empire in Woodside, high up on the northern edge of the Santa Cruz Mountains.

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Let the big guy hit the links this Father's Day.

Dad's Day and Summer on the Links

We're definitely ready to celebrate the start of summer here in Gilroy! Now that the weather's starting to warm up, great outdoor music concerts will soon follow. The Sunset Music Series at Sarah's Vineyard features live performances, fine wines and delicious catered meals every Friday night through September. Wednesday nights are perfect for unwinding with "Vines & Vibes" at

Guglielmo Winery. Fortino Winery hosts "Music in the Vineyard" on Friday, June 24, and starting June 17 music lovers can also enjoy free Friday night concerts at Fifth Street Live in downtown Gilroy. Just don't forget to bring your dancing shoes!

The big holiday this month, of course, is Father's Day—and there are lots of ways to make Dad's day extra special. You can book a tee time at Eagle Ridge Golf Course, go for the overnight Camp

Night on June 18 at Gilroy Gardens, go for a hike at Coyote Lake-Harvey Bear or Mt. Madonna, or do some wine tasting along the Santa Clara Valley Wine Trail. Treat Dad to a delicious meal at The Milias, Old City Hall, Mama Mia's or Westside Grill. You can also find great gifts for Dad—at prices that won't bust your budget—at Gilroy Premium Outlets. Save 25-65 percent off on all of his favorite brands, including Nike, → 14

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The warm summer weather is also great for hiking, but don't leave your best friend at home when you lace up those boots! There are two upcoming ranger-led events that are specially designed for four-legged friends. On June 7, you can "Hike with a Ranger and His Best Friend" on a fun and educational hike at Coyote Lake-Harvey Bear. Or grab a flashlight and head over to Mt. Madonna to explore the redwood forest on a "Pawstive Dog Hike" the evening of June 25.

June's going to be fun, but

there are even more big-time events coming up in the month of July! We're expecting lots of visitors rumbling in for the Hollister Independence Rally (July 1-3), and teeing up for the U.S. Women's Open at CordeValle (July 4-10). And Lumination, the spectacular night-time event coming all the way from Zigong, China, to Gilroy Gardens, will open July 16. And, of course, you don't want to miss the great garlic godfather of all summer food fairs, the Gilroy Garlic Festival (July 29-31).

Go to visitgilroy.com for more information about these and other events going on in Gilroy.



Summer youth groups are ready to rock in Morgan Hill.

Summer Fun Just Around the Corner

The warm weather is here, the kids are out of school and there are tons of activities, events and programs in Morgan Hill.

Cool off at the Morgan Hill Dennis Kennedy Aquatics Center, open daily June 6 through August 14. The whole family will enjoy racing across the inflatable obstacles, sliding into the cool water from one of two water slides or simply splashing around

the splash pad. For adults looking for some time to relax, poolside cabanas are also now available for rent.

The Splash 2 Dash Youth Triathlon is scheduled for June 11 at Sobrato High School. The event is designed for ages 5 to 13 and guaranteed to be a fun, confidence building race. Race fees include a T-shirt, goodie bag and a finisher medal for each participant.

Register by calling 408.782.2128 or going online at www.mhreconline.com.

YogaFest will return this summer at Community Park on June 18. A one-day celebration, YogaFest includes musical performances, health and wellness experts, and yoga and meditation instructors. Find more information online at www.mhyogafest.com.

The Summer Fun in the Park →17

Please join us for Wine Tasting at Westmont with featured wines from

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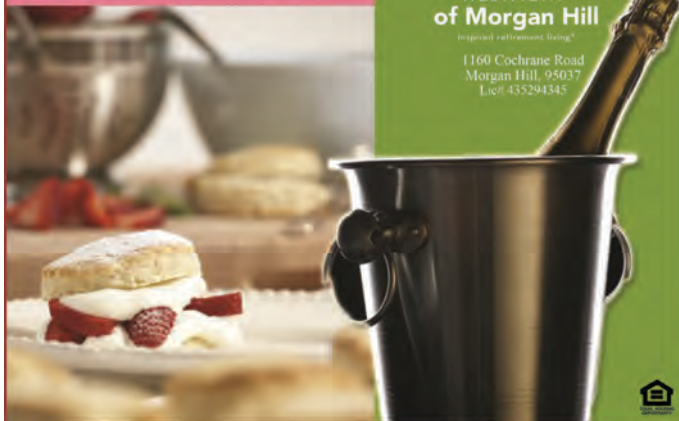
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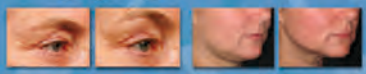
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Learning to swim in a fun, safe environment is Splash Swim Team's motto.

←15 event series also comes back for summer. Free events will take place at Galvan Park from 6-8pm on June 22, July 27 and August 24. Each party will have a variety of fun activities for the whole family, including a photo booth, music and entertainment, refreshments, community resources and more!

Looking for something fun for the kids this summer? The City of Morgan Hill Recreation Program is offering Summer Camps starting June 13. This camp includes interactive games, sports, exploratory art, water games, music, team-building activities and science projects. Camp is held each Tuesday at the Aquatics Center, where kids get to

enjoy a day of swimming. Take a look in the summer activity guide for more information or register online at www.mhreconline.com.

Looking for a fun swimming program that runs throughout the summer or year-round? The Splash Swim Team offers fun and fitness to children ages 5 to 18. Coaches' focus is to make swimming fun while also building participants' endurance and skills. There is also a diving program, which is designed to teach youth the basic skills of diving in a safe and fun environment. This program runs in conjunction with the Splash Swimming and Water Polo. Find more information at www.mhsplash.com.



Morgan Hill Recreation Preschool

Is your child ready to start school in September? We can help!

The City of Morgan Hill Recreation Department offers a play-based preschool in a safe and nurturing environment. This program will help your child to develop the social and basic academic skills to prepare him/her for school. Call today to schedule a tour! Registration for the 2016-2017 school year opens on March 1, 2016.

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Cowboys—and cowgirls—kick into high gear at the San Benito County Saddle Horse Show & Rodeo.

Boots and Bandanas Welcome!

The San Benito County Chamber of Commerce and Visitors Bureau will host the 83rd annual Saddle Horse Show Parade in Downtown Hollister on Thursday, June 23.

This signature event boasts a long history of pageantry in our community

and serves as the kick-off to the San Benito County Saddle Horse Show at Bolado Park Event Center June 24–26.

This year's parade theme is "Boots, Broncs and Bandanas," which will surely inspire creative interpretations for the many floats and entries created by local

businesses, clubs and organizations that find their way into the lineup. This family friendly event features folks from all over San Benito County.

The parade will include many equestrian entries, including western rider and performer Cisco Jim,

→ 20

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◀19 the Wells Fargo Stagecoach, performances by the Rancho Maze Middle Schools Band, the San Benito High School Marching Band and the Watsonville Community Band. Parade attendees will also be treated to performances from local dance and cultural groups, an antique car show, and interaction with city and county emergency services vehicles and personnel.

New to the parade this year will be the Grocery Outlet's mascots: Ben Saven and Lois Prices.

The parade route will commence at the intersection of San Benito and Palmtag Streets, turning onto San Benito Street and traveling north to Fifth Street, at which point it turns and heads towards Monterey Street, completing a full loop back to Palmtag Street.

Parade goers are encouraged to arrive early to

pick out a viewing spot, and then set up their lawn chairs and blankets for seating comfort along the parade route. You can dine at one of the many great restaurants downtown, bring a picnic dinner or grab a hot dog and other parade food from one of the event food vendors, which will be located in front of the Veterans' Memorial Building. Face painting and balloon creations will also be available for a small fee.

There is truly something for everyone at this wonderful parade. Come join us and experience San Benito County history and hospitality!

For info about the San Benito County Saddle Horse Show Parade go to: www.sanbenitocountychamber.com. For info about the 83rd San Benito County Saddle Horse Show and Rodeo check out: www.sanbenitocountyrodeo.com.



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Slick rides line the streets at the Los Padrinos Classic Car group's June 25 event.

'Early Days' and Old School Rides

HALINA KLEINSMITH

The aroma of sweet glazed dough, Bavarian crème and chocolate will greet visitors to San Juan Bautista this month, as the San Juan Bakery celebrates "National Doughnut Day" on Sunday, June 5. Located at 319 Third St., the bakery will serve up special deals until the last krugle is served or it's 5 pm—whichever comes first!

Father's Day weekend is always special in San Juan Bautista, and this year is no exception. On June 18 and 19, the San Juan Bautista State Historic Park hosts its annual two-day "Early Days" event from 11am to 4 pm. All the old buildings in the state park come alive, with costumed storytelling and on-site demonstrations. Guests will see blacksmithing techniques at the forge and learn things like tortilla making, corn husk doll fabrication and musket identification. Join the señoritas, cowboys, mountain

men and wagoners as they traverse the tent-studded lawns and greet visitors inside authentically outfitted buildings, taking everyone back to California in the late 1800s.

If you get thirsty, head for the Plaza Hotel Bar to enjoy a soft drink, where old timey gamblers are sometimes seen stacking the deck during poker games. Daily admission is \$3 and children under 17 are free. For more information, go to call 831.623.4881.

Old Mission San Juan Bautista will also hold a special event Sunday, June 19, as they observe the Feast Day of San Juan Bautista, the namesake for both our 1797 era California Mission and our city. After the morning's 10 o'clock mass, everyone is invited to join a lively gathering of musicians, parishioners and celebrants as they follow our parish priest in the time-honored tradition of blessing our community and heralding our Patron Saint's Day with a

procession through the town streets. From 11am to 4pm, there will be food, music and additional activities in our downtown area. Old Mission's museum and gardens will also be open for tours for \$4 or less; group tours can be booked by calling 831.623.4528.

On Saturday, June 25, we switch gears to welcome Los Padrinos Classic Car group to our historic downtown setting. From 9am to 4pm, a huge array of custom rods, classic chassis and flamed, chopped and lowered rides will delight gearheads of all ages. Catch some lively tunes as you stroll through a corridor of rubber and steel, and meet these fine folks who hold this fundraising event each June. For more information about the event or to participate with a vehicle, please call 408.413.8373.


For details about happenings in San Juan Bautista prior to any visit, please visit sanjuanbautistaca.com.

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Downtown Campbell via Facebook

Crowds will fill downtown Campbell for First Fridays and Second Saturdays.

Weekends Made for Summer in Campbell

Campbell has made sure to stock June with events the whole family can enjoy, starting with two signature events.

Residents and visitors both know to mark their calendars for the first Friday of each month, when specialty stores, restaurants and pubs offer special deals. Then grab the family for a night of live entertainment, art, shopping and delicious meals for the Second Saturdays, which focus on the arts.

Enjoy more live music at Orchard City Green for the Summer Concert Series. Hangout and enjoy the Jesse Charles Band June 23, from 6:30pm-8pm, or Cocktail Monkeys on June 30 at the same time.

Parents are also invited to bring their young ones to Toddler Story Time and Little Bits Create at Tiny Tots Baby Boutique on June 3, from 10:30am-11:30am. Every Friday, parents and their toddlers to 5-year-olds enjoy fun activities like singing, reading and arts and crafts. “Messy” clothes are recommended.

Come eat, drink and think at Tessor’s Barra di Vino for Trivia Night the second Wednesday of every month, from 6:30pm-9pm. On June 8, guests will challenge their minds and make some friends—all while drinking some fine wines! Seating is done on a first-come, first-served basis since space is limited.

Anyone hoping to satisfy a sweet tooth should also check out the grand opening of PennyLane, which will serve gourmet frozen yogurt and a variety of other fine treats on June 9 from 5:30pm-7:30pm. PennyLane also has a self-serve candy boutique, where customers can mix and match products or purchase individually. The shop is located at 715 W. Hamilton Avenue.

Last, anyone interested in dance will want to check out Capitol Dance Company’s 2016 performance dates. Enjoy shows such as the *Wizard of Oz*, *Swan Lake* and an original production titled *Myth*, all at the Heritage Theater. Tickets are \$20 and available at the box office or online.

Make Father's Day Special



On June 19th, treat your father to a very special dinner featuring the best steaks, seafood and lobster. Make your reservations now.

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Kent Buckingham via Flickr

Los Gatos has two summer concert series that draw big crowds.

Summer Concerts Heat Up Los Gatos

The Town has plenty of events to jumpstart summer, starting with two annual concert series.

For the 14th consecutive year, Santa Clara County Parks and South Bay Folks team up to bring free, family-friendly concerts in support of Second Harvest Food Bank. Overlooking Vasona Lake and Los Gatos Creek, the Vasona Vibrations Concert Series will kick off June 4 at 5pm. The two-hour events run each Saturday through July 30. Shows will feature local artists that range from blues and Latin guitar to gritty folk and Dixie.

The tunes keep coming every Sunday starting on Father's Day, June 19, when the Los Gatos Music in the Park series takes over the Civic Center lawn. Hundreds of people are expected to turn out each week through the end of August.

The first week of June will also feature engraving parties at The Butter Paddle, from

10am to 6pm the week of June 1-6. Free engravings will be available on any Mariposa purchase. Mariposa's unique gifts are crafted from 100-percent recycled materials and feature a variety of looks for both special occasions and everyday elegance.

Those interested in networking will find a fun and relaxed environment at the Chamber's monthly Business After Hours Mixer, where members get an inside glance at local businesses. The event will occur June 16 from 5:30pm-7pm at Palacio Restaurant, located at the historic Coggeshall Mansion in downtown. RSVP is required.

On the morning of June 16, from 8am to noon, 34 nationally acclaimed plein artists will capture downtown Los Gatos on their canvases. Presented by the Los Gatos Morning Rotary to benefit local art and science programs for youth, passersby may even find themselves in completed works!

The next day, June 17, artists will

meet community members at 7pm to enjoy fine wine and small plates specially crafted for the event. Artists will select one of their paintings from the week to be awarded to the highest bidder at a silent auction. New this year, is the People's Choice Award.

Still going through the start of summer is the Silicon Valley Jewish Music Festival, which will run through June 26. This year's festival headliner is Molly Ringwald, while other performances include Mostly Kosher, Lior Ben-Hur and Sol Tevé, and Mister G. Tickets range from \$6 to \$20 and children under 10 are free.

And don't forget that every Sunday this summer the Farmer's Market is open 8:30am to 1pm at the Los Gatos Town Plaza Park. For more information, contact SuEllen Sterling at 408.353.4293.



The right sunscreen will prevent burns and signs of aging.

Health & Beauty

5 Sunscreen Tips to Stay Safe this Summer

JACQUELINE SMITH

Summertime means fun in the sun, but that can also include sunburns, dry and peeling skin and a chance for premature aging. Have no fear! Here are five ways to prevent damage while enjoying those pool parties and BBQs.

1. Not all sunscreens are created equal. Make sure you buy products labeled “broad spectrum.” This lets you know that the sunscreen blocks out both UVA and UVB sun rays. UVB rays are the shorter rays responsible for burning skin. UVA rays are the longer rays that actually penetrate the dermis and cause damage to the DNA.

Sometimes estheticians refer to UVA as the “aging” rays, as they are responsible for causing wrinkles, hyper pigmentation or “sun spots.” The FDA does additional testing to ensure the formulas protect against both UV rays, so you can trust that those labels are legit.

2. No sunscreen is completely waterproof or sweat proof. And while most will say “water-resistant” on the label, a good rule of thumb is to reapply every 60-90 minutes into heavy exercise or pool time. No matter what you’re doing, it’s best to reapply after two hours of sun exposure.

3. Remember that no sunscreen blocks all

UV light. Reapplying is a must but SPF numbers can be tricky. In theory, SPF numbers are the amount of time you can stay in the sun without getting sunburned.

For example, if you would normally burn after 10 minutes, a sunscreen with SPF 15 should allow you to stay out for 150 minutes before burning—but that may not always be the case. The intensity of the UV rays, time of day and amount of sunscreen applied all play a role.

Look for a sun protection factor (SPF) of 30 or higher. The 30 blocks out about 97 percent of UV rays, while SPF 15 blocks out only 93 percent. SPF 50 is usually the best way to go for long sun exposure days, as it blocks out about 98 percent of UV rays. Those are pretty great numbers but you’ll still receive a little bit of exposure. The fairer your skin, the greater chance for damage. When in doubt, throw on that hat, cover up or just get in the shade after a few hours in the sun.

4. Do your research. Make sure to avoid chemical ingredients such as oxybenzone and retinyl palmitate, which can be skin irritants and cause allergic reactions. Active ingredients like zinc oxide and titanium dioxide, which are physical sunblocks, can actually be good for your skin.

Zinc is also known to help heal acne breakouts and it’s found in a lot of mineral makeup.

5. Give your skin its vitamins. The skin relies on antioxidants for protection against UV rays, which can cause free radicals and photoaging of the skin. Free radicals damage DNA, proteins and lipids, which cause skin cells to die. Since the skin receives the most intense free-radical damage from UV light exposure, replenishing and increasing the antioxidant defense of the skin becomes crucial for protection and repair.

Topical vitamin C has also been shown to improve skin texture and tone, reduce brown spots, decrease the appearance of fine lines and wrinkles, and help prevent their formation.

Jacqueline Smith is a licensed esthetician with more than a decade of experience working in skin care. She can be seen by appointment.

Palazzi Salon 274 E. Campbell Ave., Campbell.
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Pet safety requires talking to kids about how to behave.

Pet Life

Keep Kids Safe around Dogs

DR. JEANNE HAGGERTY

There has been a surge in the number of articles and photos on the internet regarding dog bites and children. I don't know of an actual increase nationwide, but I do think that awareness is increasing with social media. Parents are becoming more aware of the damage that even a very small dog can do to a child's face. People are also realizing that in many cases the dog in question is a family dog and warning signs have been ignored. Here are some tips to help keep a child safe from dog bites.

- Stay away from dogs you do not know.

You do not know their temperament nor their rabies vaccination status. The sweetest dog can turn aggressive when approached, especially if they are not used to children. Some dogs are also very protective of their owner and can become aggressive when approached.

- Teach children not to tease dogs. Pulling the ears, tail and hair may look cute and funny, but even the best of dogs can run out of patience. Teach kids how to respect the family dog.

- Always supervise small children around dogs. Even though your children may know

how to behave around a dog, parents should be aware that children sometimes “forget” what they have been taught. Or they just plain just ignore instructions.

- Give the dog its space when sleeping and eating. Although you want to have a dog that is trained to not be food aggressive, constantly having a toddler disturbing dinner can also create some behavioral issues.
- Teach your children how to properly play with the dog and make sure that the time is enjoyable and safe for everyone. This is a good opportunity to teach both the child and the dog how to interact.
- Teach your child to approach a dog quietly without running, yelling, hitting and making sudden movements. A startled dog may bite whatever comes its way.
- Don't let your child hug your dog. Very few dogs like to be hugged. Most find it uncomfortable and stressful.

As a parent, be aware of warning signs that your dog is unhappy with your child or their behavior. Growling, running away, pinning back the ears and holding the tail between the legs are warning signs that should not be ignored. Most family pets that have bitten someone show one or more of these signs. Pets that have shown aggression in the past have that potential, but do not assume they will be safe just because a tragedy has not yet happened. Both children and dogs can be unpredictable and that can set the stage for a dangerous situation.

Any parent would feel horrible to know that their child was bitten, or worse permanently disfigured by a family dog. Remember that even if the last bite was minor and did not break the skin, that does not mean that the next time your child will be so lucky. Be proactive and protect your child.

Dr. Haggerty is co-owner of Live Oak Veterinary Hospital in Morgan Hill and has been a practicing veterinarian for more than 14 years.

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Be careful not to give plants too much water.

A Passion for Plants

The Art and Science of Watering

NANCY SCHRAMM

Summer is almost here, and with it comes our big watering season. As a nursery owner, one question I hear all the time is: “how much water does it need?”

That’s more complicated than it sounds. There are many variables to consider. When you ask a nursery why a certain plant died, you’re often told that it either didn’t get enough water or it was watered too much.

Determining how much water a plant needs is a moving target. The science that looks at this uses *evapotranspiration*, or ET, as a tool to help figure things out. It’s a really long—and fascinating—word. Water *evaporates* from the soil at a certain rate, depending on things such as air temperature, wind speed and sunlight. The same factors affect the amount of water that plants *transpire*. When you combine

the two and apply some mathematical calculations, you get the ET rate, which can be used by irrigation controllers to more closely apply the right amount of water to a landscape or field crop. All of this is the science of watering. But there is an art to watering. While it’s something you generally have to learn on your own, I’d like to share some tips I’ve learned along the way.

When you initially put a plant in a container or into the ground, it’s important to water it right away. This settles the soil around the roots so there are no large air pockets. But roots (except for bog plants) do need some air and that’s why potting soil needs to have good drainage. It’s important to choose the right sized container, too. Don’t forget that containers must have drainage holes. I usually recommend moving plants up one size at a time, rather than moving them into something drastically larger. It’s very easy to overwater when your plant rootball is overwhelmed in a huge container.

Don’t panic if you’re now realizing you forgot to water that new plant. If it’s wilted and you’re afraid you’ve killed it, just water it thoroughly. If it’s so dry the soil has shrunk away from the container sides, you might need to soak it for an hour or so to re-wet the soil. But then drain it well, and only water it again when the soil starts to dry a bit. The roots have been damaged, and constant watering will only make them rot. Sometimes, if a plant has suffered more than a little damage, it helps to remove the pot, shake off some dirt, prune the branches a bit and re-pot into a smaller container.

A technique to help plants survive a vacation is to gradually taper off watering until you reach the bare minimum. This won’t work with all plants, but it will cause them to slow their growth. That way, if your vacation waterer isn’t reliable, the plants will survive longer on the short rations.

Whatever else you do this month, be sure to get out there and plant something!

Nancy Schramm is the third generation owner of Carman’s Nursery. She and her husband have lived in Gilroy for more than 30 years. Contact her at 408.847.2313 or visit www.carman nursery.com.

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Summer's Sweet, Sweet Corn

BONNIE SWANK

June just screams summer. Most kids are out of school, vacations have been planned and the thought of all the fresh, seasonal fruits and vegetables is intoxicating. When it comes to summer barbecues, it just wouldn't be the same without sweet mouthwatering corn on the cob. It's an American staple like tomatoes, watermelon and apple pie.

The first sweet corn was grown by Native Americans and was a spontaneous mutation of field corn. This is recessive mutation that results naturally in the genes, converting sugar to starch inside the endosperm of the corn kernel. In 1779, the Iroquois gave the sweet corn, known as "Papoon," to the European settlers and it soon became a favorite food in the southern

and central regions of the United States. Spanish explorers then introduced sweet corn to the rest of the world.

When buying sweet corn, stay away from the grocery store and buy from the farmer if possible. The best tasting corn should not be any older than a day. Husks should be vibrant green and never dry. I like to use the thumbnail test. Pull the husk back slightly and add pressure to a kernel. If the juices spray out it's a good sign.

Did you know an ear of corn is only about 69 calories? That's the same as an apple with less than one-fourth the sugar. Cooked corn is even healthier, increasing the antioxidant activity that helps protect the body from cancer and heart disease. What's not healthy

is butter, the topping that has become so popular. I used to use butter but gave that up when I married the farmer who grows the corn. There is nothing better than picking corn on the way home and eating it for dinner that night, sans anything.

Corn and Scallion Chilaquiles

Recipe courtesy of MarthaStewart.com

PREP: 25 MINS

TOTAL TIME: 25 MINS

SERVINGS: 6

INGREDIENTS

- 1 tablespoon bacon fat or unsalted butter
- 6 scallions, white and pale-green parts only, finely chopped (about 1/4 cup)
- 1 tablespoon minced jalapeno chile (from 1/2 jalapeno)
- 2 1/2 cups fresh or leftover grilled corn kernels (from 3 to 4 ears)
- 1 teaspoon coarse salt
- 12 large eggs 3 cups broken tortilla chips, plus whole chips for serving
- 2 1/2 ounces cotija or any cheese, crumbled into large pieces or grated (about 1/2 cup; optional)
- Cilantro sprigs, for garnish
- Avocado slices, for serving
- Cherry tomatoes, for serving

DIRECTIONS

1. Preheat broiler with rack in top third of oven. Melt bacon fat in a large skillet over medium high heat. Add scallions and chile and cook, stirring, 1 minute. Add corn and salt and cook, stirring, 1 minute.
2. Whisk together eggs in a large bowl and stir in chips. Add to skillet with corn and cook, stirring, until bottom starts to set but is still wet, about 1 minute. Stir and transfer to a broiler-proof 8-by-11 1/2-inch baking dish; broil until eggs are set, about 2 minutes. Scatter cheese on top and let stand 10 minutes. Garnish with cilantro sprigs and serve with chips (tuck some into the top), avocado, and tomatoes.



A full slate of summer rides await.

Spoking my Mind

Roll 'Em Out for Summer!

CURT "CYCLE GUY" HENTSCHKE

Roll out those lazy, hazy, crazy days of summer!"

Nat King Cole sang those catchy lyrics back in 1963, and I have a pet theory that Mr. Cole intended that we enjoy the wonderful days of summer by rolling along on our bicycles.

Grab the helmets and sunscreen, then make this a summer of warm rides with the kids, the grandkids, your significant other—or just you!

This month has lots of good reasons to ride, starting with Father's Day. I know from experience that he'll love it!

Looking for some event rides this month? Check out *Save the Dates*, and start registering. In June, as with the other

months, many of these events generate the funds that keep the sponsoring bike clubs afloat. Others raise much-needed funds to help the charities to which they are dedicated: Homeless Services, the American Diabetes Association, Special Olympics and many more. As a veteran of more than 100 of these rides, nothing can compare to the feeling of raising money for a close friend or acquaintance. Every pedal stroke makes a difference.

As a teacher, I have become increasingly aware of autism. Consequently, the Endue Classic (June 25) intrigues me. Its sponsor, the ENDUE Foundation, works to furnish "a higher quality of life to members of our community who have developmental

disabilities and autism." This year's ride, based out of the San Mateo County Event Center, will offer five beautiful rides, from a 30K "EZ" cruise along San Francisco Bay, to an über-challenging century, packed with more than 7,000 feet of climbing!

The Canyon Classic Century, a mid-June mainstay in Patterson, will rolls into its 27th year, but ride organizers have decided to move it to the fall. Add Oct. 22 to your calendars.

Save the Dates

ROAD AND MOUNTAIN

- 6/6 Sequoia Century Palo Alto. westernwheelers.org
- 6/11 Incarnation 100, Santa Rosa. incarnation100.org
- 6/12 Tour de Cure, Palo Alto. tour.diabetes.org
- 6/12 Bike the Bridges, Martinez. sonc.org
- 6/25 Endue Classic, San Mateo. enduefoundation.org
- 6/25 Giro Bello, Sebastopol. girobello.com
- 7/9 Bike 4 Breath, Menlo Park. ggbreathe.org
- 7/16 Windmill Century, Santa Maria. tailwindsofsantamariabc.org
- 7/23 Devil's Slide Ride, Pacifica. girodipacificafica.org
- 7/30 Santa Cruz Mountains Challenge, Santa Cruz. santacruzcycling.org

EVENTS

- 6/5-6/11 AIDS/LifeCycle, CA Coast. aidslifecycle.org
- 6/5 Lodi Cyclefest. deltavelo.com
- 7/9 Watsonville Criterium. velopromo.com

Out & About makes every effort to supply the correct information but we still recommend you check for last minute changes on dates before attending.

Curt Hentschke has pedaled over 55,000 miles of Out & About roads and trails. Send your cycle celebrations and celebrations to heycycleguy@gmail.com. Ride at your own risk and always within your capabilities. Always wear helmets and sunscreen!



Gavin Emmons

Flycatchers serve as great wildlife stewards and photography subjects.

Fun With Photography

Hunters On The Fly: Photographing Lizards

GAVIN EMMONS

There are a lot of beautiful birds in San Benito and Santa Clara counties, but flycatchers are a particular delight for photographers and wildlife enthusiasts during the hot summer months. Flycatchers are a group of songbirds that eat different insects, often by chasing and catching them in flight. They have high metabolisms and require a lot of insects to keep up their energy levels and feed nestlings during the summer breeding months. As a result, flycatchers remain active throughout the day, even during the

midday hours when most other birds slow down and become less vocal.

Smaller flycatcher species in the region include phoebes, wood-pewees and flycatchers in the *Empidonax* genus, including pacific slope flycatchers. Larger flycatchers include western kingbirds and ash-throated flycatchers. Certain species like Say's phoebes are residents throughout the year, but most species are migrants that arrive in the spring to set up territories for nesting and raising young.

Flycatchers are very important as a

natural pest control for numerous insect populations. Because they require a lot of insects to keep them going, flycatchers keep pests like mosquitoes, ants, biting flies and beetles in check, along with butterflies, moths and other insects. Some of the larger flycatcher species even eat lizards and frogs.

Most flycatcher species have interesting color patterns and active behaviors that make them very photogenic subjects. Black phoebes are a common sight in San Benito and Santa Clara counties, building nests on houses and bridges. They are small and perky birds with blackish backs and heads contrasting with white bellies. Ash-throated flycatchers are a larger species that sing with a toy whistle call. They have red-brown backs, cinnamon wing bars and lemon bellies. Black phoebes and ash-throated flycatchers both have small head crests that they raise when alarmed or aggravated, and they hunt for insects from territorial perches on tree branches, slowly scanning areas, then hunting from the wing to grab prey in flight or on the ground.

Flycatchers are fairly approachable birds that are easy to watch and photograph with a bit of practice. Follow their whistling calls and watch for these feisty birds perched on territorial branches they return to again and again after hunting. Using moderate to long telephoto lenses, you can focus on and anticipate perches that flycatchers use repeatedly, resulting in some very nice compositions and captures of flycatcher activity. Many flycatchers will nest on or near human structures, so keep an eye out for them in the summer and think about where you can position yourself to capture images without being too disruptive.

Flycatchers are fascinating little hunters to watch and photograph, so take some time to enjoy them while they are active during the coming summer months!

Gavin Emmons is a wildlife biologist and longtime nature photographer in San Benito and Santa Clara Counties. To contact Gavin and see more of his photography work please visit his website at www.gavinemmons.com.

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'Mamma Mia' doesn't skimp on Abba in this smash play by Broadway San Jose.

COMPILED BY CAMILLE BOUNDS

CENTER FOR THE PERFORMING ARTS

Mamma Mia June 3 through June 5. **Motown The Musical** June 21 through June 26. 408 Almaden Blvd, San Jose. 800.840.9227. broadwaysanjose.com

CITY LIGHTS THEATRE CO.

I and You Through June 19. 529 S Second St, San Jose. 408.295.4200. citc.org

FOOTHILL MUSIC THEATRE

Appointment With Death Through June 12. 12345 El Monte Rd, Los Altos. 650.949.7360.

LIMELIGHT ACTORS THEATRE

Lend Me A Tenor June 24 through July 10. 7341 Monterey St, Gilroy. 408.472.3292. limelightactorstheater.com

LYRIC THEATRE

The Serenade June 18 through June 26. Montgomery Theatre, Market and

San Carlos, San Jose. 408.986.1455. lyrictheatre.org

LOS ALTOS STAGE COMPANY

Bat Boy The Musical Through June 25. 97 Hill View Ave, Los Altos. 650.941.0551. losaltosstage.org



NEVILLE ORR/TE

Mom isn't ready for a retirement home in 'The Velocity of Autumn.'

MONTGOMERY THEATRE

For season schedule: 271 S. Market St, San Jose. 408.295.9500.

THE SAN JOSE STAGE

Wild Party June 1 through July 17. 450 S. First St, San Jose. 408.283.7142. thestage.org

OPERA SAN JOSE

Andrea Bocelli June 4. California Theatre, 345 S. First St, San Jose. 408.437.4450.

SOUTH VALLEY CIVIC THEATRE

Mary Poppins June 3 through June 25. Morgan Hill Community Playhouse, 17090 Monterey Rd,

Morgan Hill. 408.842.7469. svct.org

SARATOGA MUSIC THEATRE

Gypsy Through June 11. 13777 Fruitvale Ave, Saratoga. 408.266.4734.

THE WESTERN STAGE

A View From The Bridge Through June 19. Hartnell College, 411 Central Ave, Salinas. 831.755.6816. westernstage.com

THEATREWORKS

The Velocity Of Autumn June 1 through June 26. Mountain View Center For The Performing Arts, 500 Castro St, Mountain View. 650.463.1960. boxoffice@theatreworks.org

Disney and CAMERON MACKINTOSH'S

MARY POPPINS

www.SVCT.org
408.842.SHOW

June 3, 4, 10, 11, 17, 18, 24, 25 @ 8 pm
June 16 @ 7 pm
June 5*, 12 & 19 @ 2:30
June 11 @ noon

(*with modifications to accommodate children & adults with special needs)

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CALENDAR

LISTING YOUR EVENT

To list your event, call 408.847.7228 or email calendar@outandaboutmagazine.com. Include the name of the event, date, time, location, contact information and a very short description.

Fliers and press releases for calendar items will not be accepted. Submissions should be no more than 30 words in length. Calendar items run as space permits. Items submitted after the 10th may not appear in next month's calendar.

Every effort was made to ensure accuracy of the following information. Please confirm details with event coordinators before attending. For handicap accessibility, contact event coordinators.

CAMPBELL

JUNE 4

Exhibit Reception, Noon-4pm. Ainsley House is hosting two **FREE** receptions to celebrate 'Agents of Decay' and 'Campbell: Then and Now'. Food and beverages will be available. 300 Grant St. downtowncampbell.com

JUNE 12, 19, 26

Book Signings, 9:30am-12:23pm. Meet Audrey Greenhouse, author of *The Neverland Wars*, Paulette Boudreaux author of *Mulberry* and Ruchi Rai, author of *A Conscious Pease: My iPhone Journal*. 275 East Campbell Ave. Call 408.370.3514.

JUNE 18

Annual VMOA Mustang Car Show, 10am-3pm. View vintage

Mustangs and more. **FREE** for spectators. Bring canned food items to help support Home Church Family Services. The Home Church, 1711 Winchester Blvd. carshow@vintagemustang.org

JUNE 23-AUGUST 11

Summer Concert series 6:30-8pm, Thursdays. Bring lawn chairs. Support the Campbell Museum Foundation by purchasing food and drinks at the event. Orchard City Green, in front of Ainsley House. For music line up go to ci.campbell.ca.us.

GILROY

THRU SEPTEMBER 30

Sunset Music Series 6:30-9pm, Fridays. Enjoy friends, music and good food. 21 and over, no outside alcohol. Sarah Vineyard, 4005 Hecker Pass Hwy. Call 408.847.1947. sarahsvineyard.com

JUNE 11

Hunting Hollow 5K/10K Fun Run/Walk, 9am-2pm. Run for fun at Henry Coe Park. The course is fairly flat. 4826 Gilroy Hot Springs Rd. Register at active.com until June 9. Contact 510.324.9737.

Plant Propagation, 9:30-11:30am. Learn the basics at this hands on workshop. Propagate some of your own plants to take home. Presented by UCCE Master Gardeners. St. Louise Hospital Teaching and Demo Garden, 9400 No Name Uno Way.

JUNE 16

Cal-SOAP Alumni Night 2016, 6-9pm. Visit with past Alumni, wish current Alumni "Good Luck" and raise funds for future Alumni with a night of appetizers, wine, music and drawings. Solis Winery, 3920 Hecker Pass Hwy. Get tickets at tinyurl.com/alumninight2016.

JUNE 17, 24

Fifth Street Live Music Series, 6-9pm, Fridays thru August. Bring the

kids, the chairs and come on down to Fifth Street between Monterey and Egleberry and support local music. gilroydowntownbusiness.org

JUNE 18

American Legion Honorary Dinner, 5:30pm. Celebrate with American Legion Post 127 on their 95th Anniversary as they honor Veteran of the Year, Jose Delgado, Volunteer Veteran of the Year, Camilo De La Cueva and others. Open to the public. Tickets are per-sold only at \$20. Call 408.607.3280 or email raymond.sanchez2@verizon.net.

Studio Three Dance Recital Presentation

1:30pm or 6:30pm. Talented dancers perform special routines choreographed for their own class. Dancers love a lively audience so come out and support the arts. Gavilan College Theater. Get tickets at brownpapertickets.com.

JUNE 24 - JULY 16

"Lend Me a Tenor", fundraiser for Parkinson's Research. A madcap, screwball comedy guaranteed to leave audiences teary-eyed with laughter. Bring your own dinner and wine to the Gilroy Center for the Arts, 7341 Monterey St. For show times go to limelightactorstheater.com.

JUNE 26

Concours at Kirigin Valley, 11am-4pm. Food, wine and classic cars. Admission is \$10 for adults and **FREE** for 17 and under. Kirigin Cellars, 11550 Watsonville Rd. To register your car, call 408.847.8827. For more information visit kirigincellars.com.

JUNE 29

Gavilan Employer Advisory Council (GEAC) Seminar, 7:30-10am. The nuts, bolts and secrets to Wage and Hour Compliance. Non-member \$55, members \$45. Includes hot buffet breakfast. Hilton Garden Inn,

6070 Monterey Rd. Register with Michelle Alger at gavilaneac@gmail.com.

HOLLISTER

JUNE 11

Pet Friends 'Wag N Walk', 7:15am. Runners start at 8:30am, walks at 8:45am. Two and four legged friends are invited for a 5K run or walk. Barbeque hot dogs and drinks served at the finish line along with awards ceremony and raffle. Graniterock, Southside Sand and Gravel, 5632 Airline Hwy. petfriends.org

JUNE 18

Family Kite Day, 11:30am-2:30pm. Make your own **FREE** kite or bring one from home. The day includes crafts, face painting and more. Bring water, layers of clothing and a picnic lunch. Admission and contests are **FREE**, \$5 day use fee. Pacheco State Park, 38787 Dinosaur Point Rd.

JUNE 22

Caregiver Wellness Class, 6-7:30pm. Learn to defuse difficult emotions, set goals, develop coping skills and learn the value of respite care. Hollister Community Center, 300 West St. call 831.459.6639 or visit delmarcaregiver.org.

JUNE 25

Compost Class, 9:30am-12:30pm. Learn how composting can help save water and reduce waste while providing your garden with rich organic material. A \$20 fee includes a **FREE** compost container. Gavilan College, Briggs Building, 365 Fourth St., Rm. 1. Register at gavilance.com.

JULY 1, 3

Hollister Independence Rally. The streets of downtown Hollister will roar with the sounds of thousands of motorcycles. Enjoy a weekend of music, poker runs or walks, charity events, food and more. hollisterindependencerally.com

JULY 1-AUGUST 8

Stuff The Buss, San Benito County. Start stock piling school supplies and help support local youth. Drop off any time at many local businesses such as Heritage, Union or Wells Fargo Banks, San Juan Bautista Visitor's Center and the local YMCA. For a list of needed items go to unitedwaysbc.org.

LOS GATOS

JUNE 2- OCTOBER 2

'Et in Arcadia Ego', during business hours. An exhibition focused on the history and contemporary reinterpretation of the mythological theme of Arcadia, translated to mean, "Even in Arcadia, there am I". General admission \$9. New Museum Los Gatos (NUMU), 106 East Main St. numulosgatos.org.

JUNE 4 - JULY 30

Vasona Vibrations Concert

Series, 5-7pm. **FREE** outdoor concert supporting Second Harvest Food Bank. Bring non-perishable food items or make a cash donation every Saturday at Vasona Lake County Park, 333 Blossom Hill Rd. southbayfolks.org

SJUNE 19- AUGUST 28

Los Gatos Music in the Park

5-7pm, Sundays. Families are welcome. Civic Center, 110 East Main St. End the series with Los Gatos Park Dance on Labor Day Weekend, Saturday., September 3 at Oak Meadow Park off of Blossom Hill Road in San Jose. lgmip.com

JUNE 22-AUGUST 24

Jazz on the Plazz, 6:30-8:30pm, every Wednesday. Featuring world-class local and international musicians in concert, **FREE** to the public. Los Gatos Town Plaza, at West Main Street and Santa Cruz Avenue. jazzontheplazz.com

MONTEREY

JUNE 4, 5

Castroville Artichoke Food and Wine Festival, 10am-6pm Saturday, 10am-5pm Sunday. Features Argo Art competition, live music, cooking demos, arts and crafts and more. Tickets \$12 Adults, \$7 Military, Seniors and children 4-12yrs. Monterey County Fairgrounds, 2004 Fairground Rd. artichokefestival.org

JUNE 25, 26

Monterey Bacon Fest, 11am-6pm. Feast on everything bacon; including a Bacon Bar serving Bacon Marguerites and Bacon Bloody Marys. Vendors will be out with their bacon creations. Enjoy live music on the Garden Stage. Bring blankets or chairs. County Fairgrounds and Event Center, 2004 Fairgrounds Rd. bit.ly/26dLWV1

MORGAN HILL

JUNE 3-AUGUST 28

Friday Night Music Series, 6-9pm. Opening day with Entourage. This month's lineup includes Soul Kiss, The Hitmen and Super Bad. Downtown Amphitheater at the corner of Monterey Street and Dunne Avenue. morganhil.org.

JUNE 4

Machado School Picnic

Enjoy a day out while supporting local education with Bluegrass Music, Antique cars, Doll making, Barbeque and Mexican lunch for sale. 15310 Sycamore Dr.

JUNE 8 - AUGUST 24

Vines and Vibes, 5:30-8:30pm, alternate Wednesdays. Enjoy music under the canopy with plenty of chairs and tables. Bring your own picnic or purchase food from a local caterer. Wine, beer and soft drinks available for purchase. Guglielmo Winery, 1480 East Main Ave. guglielmowinery.com



Heidi Oliphant, right, plays the title opposite Zack Goller as Bert, left, in SVCT's *Mary Poppins*.

Mary Poppins

The Banks family are back and as the story goes, things are getting a bit out of control. Bring the kids and experience the many magical and memorable adventures with Jane and Michael as Mary Poppins teaches the family "anything can happen if you let it." The South Valley Civic Theater brings this musical production to life June 2 through June 25 at the Morgan Hill Community Playhouse, 17090 Monterey Rd., Morgan Hill. For tickets and showtimes call 408.842.7469 or visit svct.org.

JUNE 10, 11

The Firebird Ballet, 7pm Friday, 1pm and 6pm Saturday. Presented by South Valley Dance Arts. Sobrato High School Theater, Tickets \$20 available at the door, BookSmart and online at brownpapertickets.com.

JUNE 11

Splash 2 Dash, 6:30am registration. A youth triathlon for ages 5 to 13. Guaranteed to be fun and help build confidence. Participants need to register at least 20 minutes before the race. Sobrato High School, 401 Burnett Ave. mhreonline.com

JUNE 12

Sing-A-Long and Potluck, 4pm. Come and have fun with music and others in your community. All levels are welcome. Percussion instruments and

songbooks available. Bring a dish to share as follows: Birthdays from Jan-April desserts or Snacks, May-Aug main course, Sept-Dec sides or salads. Hacienda Valley Clubhouse, 275 Burnett Ave. RSVP to gmommy115@gmail.com.

JUNE 18

2nd Annual Yoga Festival, 8am-2pm. Family-friendly health and wellness festival including yoga, meditation, music, dance and food. Morgan Hill Community Park, 299 West Edmundson Ave. Call 408.659.0134 or visit myyogafest.eventbrite.com.

JUNE 20

How to Grow Succulents, 7-8:30pm. Learn about the do's and don'ts of succulents. Presented by UCCE Master Gardener Laura Balaora. Morgan Hill Library, 660 West Main Ave. Visit sccd.org. → 40



Photo: History Association

Step back into an Early Days kitchen on June 18 and 19 at San Juan Bautista State Historic Park.

Early Days Adventure

The San Juan Bautista State Historic Park and the Plaza History Association will take you back to the 1800s to early California Mountain Men encampments at the annual Early Days event. Discover history through the clothing, crafts and cooking demonstrations. Take dad for a horse drawn wagon ride on June 18 and 19 from 10am to 4pm, in Historic Park, San Juan Bautista. Admission is \$3 for adults and free for kids 15 years and under. sanjuanbautistaca.com

← 39 JUNE 24

Golf Tournament, 10:30am. Support Gilroy Compassion Center. Price includes Green Fee, cart, practice range balls, gift bag, boxed lunch and dinner with two drink tickets. Join in on the hole-n-one contest, raffle and auction. Coyote Creek Golf Drive. Get tickets at brownpapertickets.com.

JUNE 25

Speakeasy: Prohibition Party, 7-10pm. Presented by the Morgan Hill Historical Society. Join in on the fun for dinner and a no-host bar with prohibition era drinks and live music by the Zinfandel Stompers. Tickets are \$59 per person. Villa Mira Monte, 17860 Monterey St. Call 408.776.1060 or visit mhhistoricalsociety.org.

JULY 3, 4

Morgan Hill Freedom Fest. An amazing program of events starting with the traditional Sing on Sunday. On Monday enjoy the parade, Street Dance, 5K Run followed by the Fireworks show at the Outdoor Sports Center. For information and schedule go to mhfreedomfest.com.

JULY 11-29

Summer Arts Academy. For three weeks children can learn and have fun with music, theater, science, art and fitness. Families will be presented with a musical performance at the end of the week. Oakwood Summer Arts Academy, 105 John Wilson Way. Call 408.782.7177 or visit summer.oakwoodway.org.

SAN JOSE

JUNE 10, 11, 12

Ramayana, 7pm Friday and Saturday, 2pm Sunday. Mount Madonna School's sword and sorcery theatrical production of a timeless story filled with action and spectacular costumes. Mexican Heritage Theater, 1700 Alum Rock Ave. Tickets available at mountmadonnaschool.org/Ramayana.

JUNE 11

Mountain Lions and Bobcats, 1-3pm. Learn about the lifestyles and characteristics of these two magnificent animals. Casa Grande Mining Museum, 21350 Almaden Rd. Reservations required, call 408.355.2201 or go to parkhere.org.

JUNE 18

Pivot: The Art of Fashion Preview, 7-10pm. View unusual fashion and one-of-a-kind wearable art pieces from cutting edge designers. Includes small bites, no-host bar, DJ and live music. The Armory, 240 North Second St. Tickets are \$20 and available at artpartysj.com.

JUNE 19

Hands-On History Days: Transportation Day, 11am-3pm. Witness the unveiling of the newly acquired 1899 Osen and Hunt automobile, originally made in San Jose. Take a ride on a Horse Trolley or test your endurance aboard a railroad handcar. Dads, Members and kids under 3 get in **FREE**, others \$5. History Park, 635 Phelan Ave. historysanjose.org

JUNE 25

Annual Fountain Blues Festival, 11am-8am. Listen and dance to non-stop blues, soul, gospel and zydeco music from around the globe. General Admission \$20. Plaza de Cesar Chavez, 170 S Market St. fountainbluesfestival.com

WILLOW GLEN

JUNE 10-26

Shakespeare in the Park, 7pm Thursdays and Sundays, 8pm Fridays and Saturdays "Love's Labour's Lost." An early Shakespeare comedy, newly reimagined through a modern pop star lens. **FREE** for everyone. Bring low back folding chairs or blankets and a picnic. Willow Street Park, 1320 Willow St. svshakespeare.org

JUNE 18

Annual Dancin' on the Avenue, 2-8pm. Expect four stages of entertainment between Willow Street and Minnesota Avenue. Enjoy the day with great food and kid's activities. willowglen.org

SAN JUAN BAUTISTA

JUNE 12

Day of Miracles, 11am-3pm. Dreamor Ranch Foundation will be having a special day with **FREE** food, horseback riding, and activities for children and their families who struggle with special needs and behavioral issues. Shuttles provided, no parking allowed on the ranch. Call 408.799.4052 or visit dreamorranch.net.

JUNE 19

Mass at the Mission, 10am. After mass follow the procession through historic downtown in honor of Father's Day then check out the events at San Juan Bautista's Early Days. sanjuanbautistaca.com

JUNE 25

Los Padrinos Classic Car Show, 8am-5pm. Stroll the historic downtown and view classic and custom vehicles and vendor booths. Benefiting local charities. For more information call 831.637.7379 or visit sanjuanbautista.com.

SAN MARTIN

JUNE 2-30

Time for Wine music series, 5:30pm, Thursdays. Enjoy incredible vineyard views with great local talent. This month's lineup includes JJ Hawg, Bent, Country Cougars, OTR and Hackjammers. Picnic style food is welcome. 1 Hummingbird Lane. dos.com

SANTA CRUZ

JUNE 4

Japanese Cultural Fair, 11am-6pm. The Japanese community brings awareness and understanding of their culture through arts, crafts, music and more. Admission is **FREE**. Mission Plaza Park, 103 Emmett St. jcsantacruz.org

JUNE 25

Annual Woodies on the Wharf 10am-4pm. Check out over 200 classic surf wagons. **FREE** admission. Santa Cruz Wharf. cityofsantacruz.com

TRES PINOS

JUNE 24-26

San Benito County Saddle Horse Show and Rodeo, 8am-7pm Friday, 9:30am-5pm Saturday, 8am-1:30pm Sunday. Each day is filled with events including the Western Art and Tack Show, barbeque and of course the Rodeo. Keep the kids busy at the Kids Corral. For schedule and more dates visit sanbenitocountyrodeo.com.

ONGOING YEAR-ROUND SUNDAYS

MORGAN HILL

Good Grief Group, 2pm. First and third

Sunday. Providing a safe and respectful place to share your grief. United Methodist Church, 17175 Monterey St. Call 408.607.5779 or email platnumcr@aol.com.

MONDAYS

GILROY

Grief Support, 6-7:30pm. Third Mondays. Find support and share joys and common concerns. Gilroy Presbyterian Church, 6000 Miller Ave. Contact Judi Johnson at jj2x@att.net or call 831.524.5738.

Parkinson's Support Group, 1-3pm. Second Monday. The Village Green Senior Living Center. **FREE**. 7600 Isabella Way. Call 408.848.2240.

South County Meditation Group, 6:30-8:30pm. Second Monday through December. No charge, donations accepted. Dry Creek Village, 8347 Church St. Call 408.842.0208 or go to bluelotuscenter.org.

MORGAN HILL

Duplicate Bridge Game, 6:20pm. Open and 99'er games. ACBL sanctioned. Guaranteed partner. Morgan Hill Senior center, 171 W Edmundson Ave. Call Win Stone at 408.921.8512 or email win.stone@charter.net.

SAN MARTIN

Line Dancing Lessons, 7:30-9:30. Join Lu at the San Martin Lions Club, 12415 Murphy Ave. 408.683.4448.

TUESDAYS

GILROY

Gilroy Ladies Golf Club looking for new members. Play 18 holes on Tuesdays. Contact Peggy Woolf at 408.779.0886 or Janet McElroy at 408.776.7509.

HOLLISTER

Duplicate Bridge with Linda, Noon. Refreshments served or bring a lunch.

Dunne Park, 600 West St. Call 831.801.9257 or email linda.king@hughes.net.

MORGAN HILL

Dementia Caregiver Support Group, 6-7:30pm. Third Tuesday. Drop-in okay. \$8 fee requested but not required. New Location: 17015 Walnut Grove Dr. Suite 103. Call 408.225.6617 or visit dementiaicarecoaching.com.

Line Dancing with Lu, 1-3pm. \$2. Morgan Hill Recreation Center, 171 W. Edmundson, Senior Center.

La Leche League Meeting, 6:30-7:30pm. Third Tuesday. Casa Natal Birth Center, 50 W. Main Ave. Suite D. Call 408.778.7583.

Prenatal YOGA, 5:30-6:30pm. Specially designed for expectant women led by a certified instructor and Registered Nurse. Mira Monte Dance room at Community Cultural Center, 17000 Monterey St. Call 408.825.3774.

South Valley Quilt Association 7pm. Second Tuesdays. Meeting and social at Hiram Morgan Hill House, 17860 Monterey Rd. Become a member for \$30 annually. svqa.org

WEDNESDAYS

GILROY

Dementia Caregivers Support Group, 6:30-7:30pm. First Wednesday. Village Green of Gilroy, 7600 Isabella Way. Call 408.441.0223.

Jam Night, 7-11pm. Calling all musicians and friends to The District Theater, 7430 Monterey St. Bring your instrument, vocalist always welcome and sign up to play with other local artist. thedistricttheater.com

Line Dancing with Lu, 7-10pm. **FREE** lessons, donations welcome. Old City Hall, 7400 Monterey St. Call 408.842.3454.

South County Meditation Group, 6:30-7:30pm. All meditators welcome. No charge, donations accepted. Dry Creek Village, 8347 Church St. Call 408.842.0208 or visit bluelotuscenter.org.

HOLLISTER

Breast Cancer Support Group Sisterhood of Survivors, 7pm. Second Wednesday. Hazel Hawkins Memorial, 911 Sunset Dr., hospital boardroom. Call 831.636.2644.

Hollister MS Self-Help Group, 6:30-8pm. Fourth Wednesday. Hazel Hawkins Memorial, 911 Sunset Dr., Hospital Boardroom. Contact Andrew or JoAnn at 831.630.0266.

MORGAN HILL

Breast Cancer Support Group, 6:30-8pm. First and third Wednesdays. **FREE** support group. Conference room at Pacific Hills Manor, 370 Nobel Ct. Call 408.779.8004.

SAN JUAN BAUTISTA
Native Daughters of the Golden West meeting, 6pm social, 6:30 meeting. Second Wednesdays. NDGW Adobe, 203 Fourth St. New members encouraged. ndgw.org

THURSDAYS CAMPBELL

Adjusting to Motherhood, 1:30-3pm. Drop-in Emotional Support Group for moms of infants up to one year old. Suggested donation \$15. Tiny Tots Baby Boutique, 138 Railway Ave. downtowncampbell.com

GILROY

Country Thursdays, 7-10:30pm. The District Theater, 7430 Monterey St. Food available for delivery from The Miliias Restaurant. Visit thedistricttheater.com or friend them on facebook.



HARPER PUBLISHING

You'll see exhilarating jet demonstrations, world-renowned aerobatic performers and more at the Hollister Airshow on Father's Day weekend.

In The Air

The Hollister Airshow promises to be a non-stop action packed day with exhilarating jet demonstrations, world-renowned aerobatic performers, warbirds and vintage aircraft. There will be plenty of activities on the ground with an aircraft displays and arts and crafts fair. Grab lunch from the local food vendors and spend the day with Dad on June 18 or 19 from 10 am to 4 pm at the Hollister Municipal Airport, 60 Airport Dr. For ticket prices and family packs go to hollisterairshow.com.

← **41 Duplicate Bridge Game**, 10am. Open and 99'er games. ACBL sanctioned. Guaranteed partner. Gilroy Senior Center, 7371 Hanna St. Call Win Stone at 408.921.8512 or email win.stone@charter.net.

MORGAN HILL

Piece by Piece Quilters, 6:30-9pm. Third Thursday. Presbyterian Church, 16970 Dewitt Ave. Call Marianne Peoples at 408.842.9022.

SAN MARTIN

Pacheco Pass 4-H monthly meeting, 7-8pm. Youth learn leadership, citizenship and life skills. Join the monthly meeting. Email pachecopass101@gmail.com or call 408.509.4199.

FRIDAYS

CAMPBELL

First Fridays-Downtown Campbell, 6-9pm. **FREE** entertainment

from one end of East Campbell Avenue to the other, lots of great shopping and great food. downtowncampbell.org

LOS GATOS

10th Avenue Band, 7-9pm. Fourth Friday. Admission \$5. Prizes, beverages and light snacks available. LGS Recreation Center, 208 East Main St. Call 408.354.1514.

MORGAN HILL

Breastfeeding Support Group, 10:30-Noon. Casa Natal Birth Center, 50 West Main Ave. Suite D. Call 408.778.7583.

SAN JUAN BAUTISTA

Pedro Party, 6:30pm. Second Fridays. Includes prizes and light snacks. Open to all. Admission \$5. NDGW Adobe, 203 Fourth St.

SAN MARTIN

San Martin Horsemen's Association meeting, 7pm. Second Friday. Lion's Club, 12415 Murphy Ave. smhorse.org

SATURDAYS

CAMPBELL

Second Saturdays in the Downtown, 2-6pm. **FREE** monthly art walk and street entertainment showcasing local artists. East Campbell Ave and North First St. downtowncampbell.com

CUPERTINO

De Anza College Flea Market, 8am-4pm. First Saturdays. Find Antiques and collectibles, art, books, jewelry and more. Parking Lots A and B, 21250 Stevens Creek Blvd. deanza.edu

GILROY

Essential Tremor and Dystonia Support Group, 10am-Noon. Every other month **FREE**. Next meeting in May. St. Louis Regional Hospital boardroom, 9400 No Name Uno. Contact at 408.847.8649, det@gmail.com or detsv.org.

Gourmet Alley Flea Market, 8am-3pm. Third Saturday through August. Fresh new community flea market featuring a variety of local vendors. On Egleberry St. between Fourth and Fifth St. In the public parking area. To be a vendor call 408.842.8236.

Monthly Historical Walking Tours, 10am-Noon. First Saturdays. **FREE** monthly tour of historical Gilroy. Meet in front of the Gilroy Museum, 195 Fifth Street. Call ahead for details at 408.846.0446.

HOLLISTER

Frazier Lake Airpark Antique Aircraft Display and Fly-In, 10am-3pm. First Saturday. The public is welcome to visit for **FREE** to see vintage aircraft in a beautiful country setting. frazierlake.com

LOS GATOS

Los Gatos Art Association meetings, 1-3pm. Second Saturdays. Members, their guest and others considering membership are welcome. Los Gatos Adult recreation center, 208 East Main St. lga.org

SAN JUAN BAUTISTA

History Comes Alive, 11am-4pm. First Saturday. The Plaza at the state historic park comes alive with 19th century life: blacksmithing, gold-panning, old-fashioned toys, baked breads and freshly churned butter. Demos of pioneer life, fur trapping and more. Call 831.623.4881 or email plazapha@gmail.com.

SAN MARTIN

Flea Market, 8am-3pm. Thru December 2016. Space available at \$15. San Martin Presbyterian Church, 13200 Lincoln Ave

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HOLLISTER

**June 28, 2016
TUESDAY
11:00am-12:30pm**

San Juan Oaks Golf Club
3825 Union Rd., Hollister

GILROY

**June 29, 2016
WEDNESDAY
11:00am-12:30pm
AND AGAIN 1:30-3:00pm**

The Law Offices of James A. Ward
7888 Wren Ave., Suite D-140, Gilroy

MORGAN HILL

**June 30, 2016
THURSDAY
11:00am-12:30pm**

Morgan Hill Community and Cultural Center
17000 Monterey St., Morgan Hill

Seating is Limited. Call to Register today: (800) JIM-WARD • (800) 546-9273 or online www.wardesq.com



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