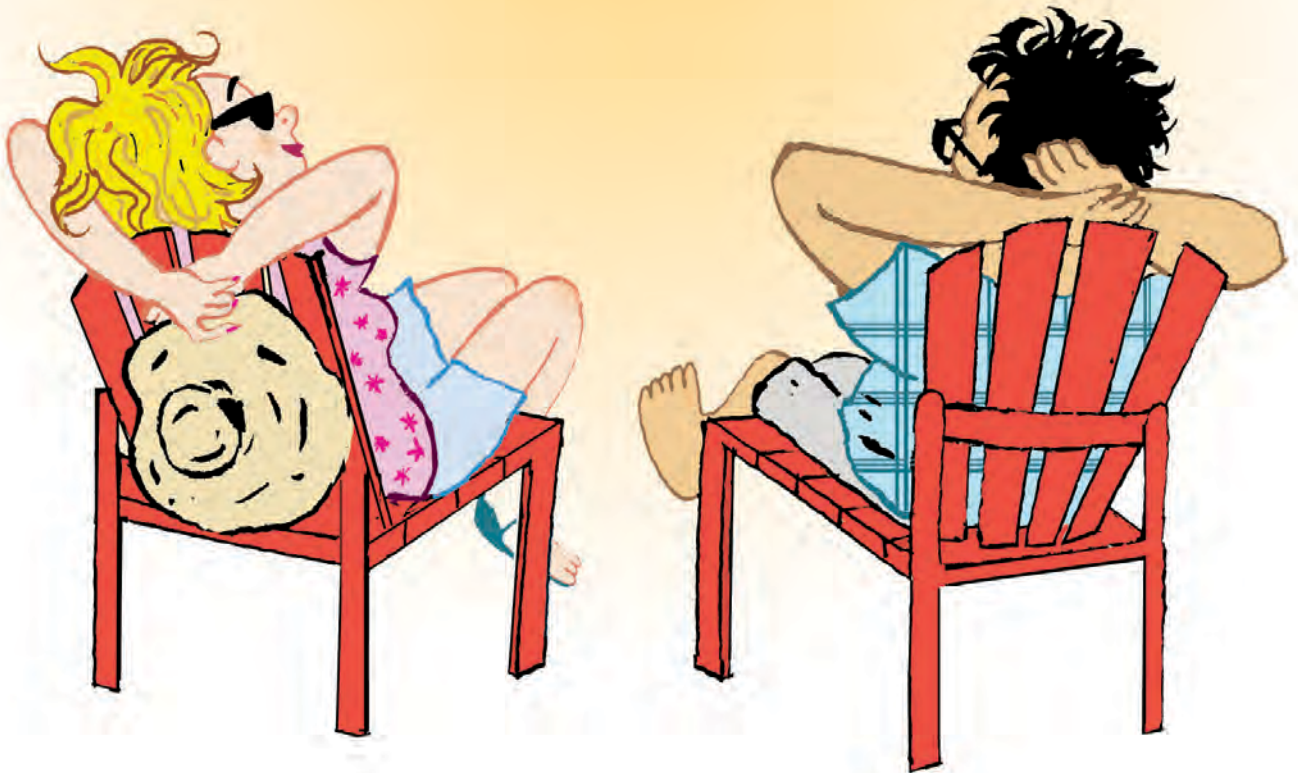
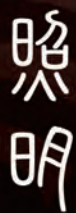


# Out&About

AUGUST 2016



STAYCATIONS ★ BACK TO SCHOOL



# Lumination

Chinese Culture Celebrated in a Whole New Light

**Don't miss this spectacular  
night-time event!**

**Open Nightly  
Buy Your Tickets Now**

Discover Lumination,  
a celebration of over  
2,000 years of Chinese  
history and culture.

- Colossal light displays
- Artisan marketplace
- Live performers from China



[luminationgilroy.org](http://luminationgilroy.org)

Gilroy  
**gardens**  
FAMILY THEME PARK



Learn how a Stratford education prepares your child  
to be a problem solver, innovator, and leader...



## Join us for a CAMPUS TOUR

Our STEAM-infused curriculum (science, technology, engineering, art, and math) is enhanced with music, foreign language, and physical education. Stratford School is the perfect balance... where tradition meets 21st Century learning.

**SCHEDULE A TOUR TODAY!**  
**[StratfordSchools.com/tours](http://StratfordSchools.com/tours)**

**NOW  
ENROLLING  
FALL 2016**

Preschool through  
Middle School

*The curiosity to reach.  
The courage to grasp.™*



**STRATFORD  
SCHOOL**

Preschool State License Numbers: 073402482, 013417816, 013420588, 434404890, 434408056, 434407977, 434404336, 434406722, 434408877, 384001837, 434410807, 434410816, 073406680, 013420939, 414004014, 434413440. ©2016 Stratford Schools, Inc. All Rights Reserved.



# Let's End Summer with a Bang

It's hard to believe this month is already our back to school issue. Summer is coming to an end and families are getting ready to get their back-to-school shopping underway. But there is still time to enjoy what our area has to offer—and planning a staycation could be just what you need!

Gilroy Gardens has launched the lantern festival Lumination and it's absolutely amazing. Fifty Chinese artists traveled from Zigong to work and live at the Gardens this summer to bring us this amazing show of craftsmanship. There is a Porcelain Dragon 180 feet long, constructed of 60,000 porcelain plates, cups and bowls



shipped from China and all wired together. Don't miss this event that goes through Nov. 27, as it's only the third exhibit of its kind in the United States and the first on the West Coast.

This month is also the month of National Night Out. National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, better places to live. Morgan Hill, Gilroy and Hollister will each be hosting events this year on Tuesday, Aug. 2. Come out and say hello to your local public safety personnel and the many organizations that work in and with your community. We should thank the men and

women who are there every day, 24/7 to protect and serve.

On Aug. 20, downtown Gilroy brings back the 15th Annual Garlic City Car Show—but on steroids. There will be a monster trucks, rat trucks/cars and much more. That morning the Leadership Gilroy Class of 2016 will host a HEARTSafe 5K Walk/Run at the Gilroy Sports Park at 8am. The event will have health care organizations, free hands only CPR, raffle prizes and an all-around fun event. Go to <http://hearsafegilroy.eventbrite.com/> to sign up for the race. The goal is the help Gilroy become a HEARTSafe city, which is one Automated External Defibrillator for every 1,000 residents and to raise awareness of hands only CPR and AED use.

**Bobbi Jo Palmer**

[publisher@outandaboutmagazine.com](mailto:publisher@outandaboutmagazine.com)

## "Pinnacle Bank is a great catch."



In the restaurant business it's important for me to move quickly and keep my diners satisfied. That's why I bank with Pinnacle Bank. They respond quickly, their online banking program is easy to use and their staff makes banking fun - I think Pinnacle Bank is the best catch of the day.

**Rosy Bergin, Rosy's at the Beach**

**Celebrating 10 years of exceptional community banking.**

**PINNACLE BANK**  
REACH HIGHER

Commercial Banking  
Loans and Lines of Credit  
Cash Management

Morgan Hill (408) 762-7171  
Gilroy (408) 842-8200  
Salinas (831) 422-0400

[www.pinnaclebankonline.com](http://www.pinnaclebankonline.com)



SBA Preferred Provider

Serving Santa Clara, San Benito and Monterey Counties



# Out&About

**Bobbi Jo Palmer**  
Publisher

**Josh Koehn**  
Editor

**Kersty Daniels**  
Editorial Assistant

**Kara Brown**  
Design Director

**Lorin Baeta**  
Senior Graphic Designer

Writers: **Bonnie Swank, Curt Hentschke, Daphne Morales, Gavin Emmons, Jacqueline Smith, Dr. Jeanne Haggerty, Melissa Hartman, Nancy Schramm**

## TO ADVERTISE

MORGAN HILL, SAN MARTIN & GILROY

HOLLISTER, SAN JUAN BAUTISTA

**Lisa Koenig 831.241.1708**

CAMPBELL, LOS GATOS, SAN JOSE

**Bobbi Jo Palmer 408.842.9404**

Deadline for September advertising is August 12, 2016

## HOW TO REACH US

Office: **408.842.7071** Fax: **408.842.3817**

Editor: **editor@outandaboutmagazine.com**

Publisher: **publisher@outandaboutmagazine.com**

**www.outandaboutmagazine.com**



## CALENDAR LISTINGS

Deadline for the September issue is August 15, 2016

email: **calendar@outandaboutmagazine.com**

Calendar listings are published as space permits and at the discretion of the publisher. Listings must include the time, location, date and cost. Keep them short. Editorial information and display advertising is copyrighted and may not be reproduced without written permission from the publisher or the author. Information in this publication is offered for general educational purposes only and does not constitute legal advice or opinions.

## PUBLISHED MONTHLY BY

New SV Media Inc., 6400 Monterey Rd., Ste. A, Gilroy, CA 95020

Printed by Southwest Offset Printing, San Jose, CA

Printed on recycled paper using a certified green printer to reduce toxic ink used in the making of this publication.

All suppliers, materials, writers, contributors and advertisers locally sourced and locally supported.

GAVILAN COLLEGE

REGISTER NOW!



**Aviation Technology program now  
at new location in San Martin!  
Classes start August 10**

**Fall 2016  
Classes start August 29**

**Apply online and view the class schedule**

**WWW.GAVILAN.EDU**



HWY 101 AT COCHRANE ROAD

# COCHRANE PLAZA



(408) 776-9464  
250 Cochrane Plaza #140



(408) 779-5296  
250 Cochrane Plaza



(408) 776-7608  
990 Cochrane Plaza



MT 11:30am-9pm  
F-S 11:30am-10pm  
Sun Noon-9pm  
(408) 776-7000  
110 Cochrane Plaza



(408) 779-1764  
200 Cochrane Plaza

**Empire Furniture**  
Sun-Mon 10:30am-6pm, Tues-Sat 10am-7pm  
(408) 778-8288  
124 Cochrane Plaza



(408) 782-2639  
250 Cochrane Plaza #160

**PIEOLGY**  
— THE STUDY OF CUSTOM PIZZA —  
Sun-Thurs 10:30am-10pm, Fri-Sat 10:30am-11pm  
(408) 782-7088  
250 Cochrane Plaza #100



(408) 779-0683  
150 Cochrane Plaza



**HARRY & SON JEWELLERS**  
(408) 776-2880  
102 Cochrane Plaza



(408) 779-0052  
135 Cochrane Plaza



(408) 776-8037  
230 Cochrane Plaza



M-F 5am-11pm  
**Morgan Hill Athletic Club** Sat 6:30am-8pm  
(408) 782-7060 Sun 7am-6pm  
126 Cochrane Plaza



M-F 9am-8pm  
Sat 9am-7pm  
Sun 11am-6pm  
(408) 776-3635  
218 Cochrane Plaza



M-Sat 10am-7pm  
**Mayfair Hair & Nails** Sun by appt. 11am-5pm  
(408) 778-7233  
104 Cochrane Plaza



Open for appointments  
on weekdays and  
Saturdays from 7am-7pm  
(408) 227-4100  
154 Cochrane Plaza



M-Sun  
7am-9pm  
(408) 779-0500  
226 Cochrane Plaza



M-Sat Lunch 11:30am-2:30pm  
M-Th Dinner 5pm-9pm  
Fri-Sat Dinner 5pm-10pm  
Sunday Closed  
(408) 778-7992  
116 Cochrane Plaza



(408) 779-1234  
108 Cochrane Plaza



(408) 779-9714  
170 Cochrane Plaza

## CONTENTS

AUGUST 2016

VOLUME 15 | NUMBER 15



8



30



31

## Summer Staycation 8

Daphne Morales

## Back to School 10

Melissa Hartman

## PUBLISHER'S LETTER 4

Bobbi Jo Palmer

## CROSSROADS 14

## HEALTH & BEAUTY 25

Jacqueline Smith,  
Jeanne Haggerty

## HOME & GARDEN 28

Bonnie Swank, Nancy Schramm

## GREAT OUTDOORS 31

Curt Hentschke, Gavin Emmons

## CURTAIN CALL 34

Kersty Daniels

## CALENDAR 36

Kersty Daniels





- Dedicated Medical, Nursing, Emotional and Spiritual Care for People Facing End-of-Life
- Assistance with Daily Personal Care Needs (Bathing, Dressing, Etc.)
- Compassion Has No Limit, Kindness Has No Substitute

*Make someone's last moments, their best moments.*

Bonita Springs Hospice Care Serves Santa Clara, San Benito, Monterey, Alameda Counties & Surrounding Areas

*Kindness Comes in Many forms at Bonita Springs Hospice Care. It's always from the Heart..*

**408-848-1114**  
Fax: 408-848-1115



[www.bonitaspringshospicecare.com](http://www.bonitaspringshospicecare.com)

**DO GOOD!  
SAVE MONEY!**


**YOUR SUPPORT**  
has helped over 10,000  
of our neighbors with:

- Computer Training • Housing Assistance
- Vocational Training • Credit Recovery
- Employment • And More...

 **GOODWILL**  
of Silicon Valley


[www.goodwillsv.org](http://www.goodwillsv.org)

**soak  
it up  
at WATER OASIS**



Easy Pay available at  
[gilroygardens.org](http://gilroygardens.org)

**\$20  
OFF  
GENERAL  
ADMISSION**

  
7 5 1 6 0 4 3 1

**Gilroy Gardens**  
FAMILY THEME PARK

Must present printed coupon at any open ticket window at Gilroy Gardens to receive \$20.00 off each adult single-day general admission (ages 3 & up), up to six (6) people. Valid for single day general admission only—includes use of all rides, shows and attractions in operation on day of use except pay events and pay-per-play attractions. Coupon valid 3/27/16 – 11/27/16 during regular public operating days only. Parking not included. Not valid with any other offer, discount, coupon or promotion. Not valid on park company rentals or special events, including but not limited to Lumination (a night-time Chinese festival event). Call (408) 840-7100 or visit [www.gilroygardens.org](http://www.gilroygardens.org) to confirm operating dates and hours as they are subject to change. ©2016 Gilroy Gardens, Inc. A 501(c)(3) Nonprofit Corporation Created & Built by Michael Bonfante. PLU 75160431



# SUMMER *Stay*CATION

**T**he kids are finally going back to school. You have enough time to get some rest and have some fun, but not enough to hop on a plane or take a road trip. What do you do? What do you do?! Easy. You read this list and remember all the exciting destinations right around the corner. Staycations are a great way to explore local neighborhoods and make memories on a budget. Enjoy the end of summer! —*Daphne Morales*





## Hollister

Feeling adventurous close to home? **Skydive Hollister** (pictured) is an awesome place to go to go for a quick adrenaline rush on a day off. Equipment, accessories and training is provided all on the same day to make the experience a memorable one. For something a little more laid back, check out **Casa De Fruta**. This family-owned destination has a mini amusement park but is best known for its fresh and dried fruits, vegetables, nuts, wine and sweets.

Hollister is also home to vineyards and wineries that are ideal for a small staycation. **Pietra Santa Winery** is made from red bricks and cut-glass windows with carved wooden doors. It welcomes with palm trees framing the front entrance—signaling a day of relaxation is in store. **Deroose Vineyards** is just down the road and offers similar vibes, plus a nice view of antique cars on the first Saturday of the month when the car museum is open. Another great winery in the area is **Calera Wine Company**, which overlooks the Cienega Valley.

## Gilroy

Gilroy Gardens provides an around-the-corner amusement park ideal for the whole family. With more than 40 rides, gardens and exhibits, **Gilroy Gardens** is a fun and peaceful park to spend the day—or even two to get the full experience. Check out Bonfante Falls to stay cool or take the Rainbow Garden Round Boat Ride to experience the full color of the garden.

If the weather's right, a trip to the lake can feel like a destination vacation. Invite friends and family out to **Coyote Lake** (pictured)

and spend some time power boating, jetskiing, waterskiing, sailing, canoeing/kayaking or fishing.

A staycation, of course, is always a good excuse to drink good wine. Gilroy has a handful of fine wineries. **Kirigin Cellars** has a large selection of wines that are located in a cool, rustic tasting room. **Fortino Winery**, known for their delicious Almond Champagne, is another ideal

staycation spot. The outside benches and night lights make for a romantic night out in Gilroy, perfect for a getaway with your partner. **Satori Cellars** is known for their colorful surroundings, and they even have a band that plays near the vineyards, making it a great spot for Sunday Brunch.

**Gilroy Museum** can also be a fun learning experience during a staycation. The museum includes historical information about research facilities, photographs and artifacts from the Ohlone Native Americans all the way through the Spanish-Mexican period. Another local museum is the **Wings of History Air Museum**, which provides a closer look at historic airplanes, sailplanes and helicopters, including a full size replica of the Wright Flyer.

## Morgan Hill

A great place to spend a sunny day is at the **Anderson Lake County Park**. Bring your own boat or jetski for the ultimate experience at this reservoir or for a quick visit, take a bike ride through the park. This is also the perfect place to just walk and get some fresh air as the water runs down into the surrounding creeks.

Explore the **Morgan Hill Historical Museum** housed in the 1911 farmhouse of orchardist John Acton and his family. The museum offers a detailed look into the rich agricultural heritage and background stories of past residents. It is also home of archives and object collections like artifacts, maps, photos and other memorabilia.

**Emilio Guglielmo Winery** is in a unique region with a mixture of rural, urban and suburban settings which is what makes the place special. This winery provides a relaxing setting for residents who live in the area and even for those visiting. **Sycamore Creek Vineyards** offers

outdoor seating with an amazing view of mountains and a wide variety of wines.

**Morgan Hill Cellars** known for their Merlot, has locally grown grapes and gift store that will change the way you view wine.



## Campbell

**Bottle & Bottega** offers a unique painting and imbibing experience. With no experience needed, the artist guides you

into creating your own masterpiece while drinking from a variety of wines and beers.

Or, learn something new about Campbell through a self-guided tour around the dynamic exhibits located in the **city's museum**. The exhibits will show daily life in the Santa Clara Valley over the past century. Another historical home that can be toured is the **Ainsley House**. The house, built in 1925, was the third home of local canning pioneer John Colpitts Ainsley.

Just because Campbell isn't home to many wineries, it doesn't mean the fun stops. Good beer abounds at **Rock Bottom Brewery** and **Campbell Brewing Company**.

## Los Gatos

Have a spontaneous day off and take a quick trip to **Treks and Tracks** for a day of rock climbing. With tour guides, cheese, crackers and even wine at the campsite, this is the perfect place to go to for a serene yet adventurous time close to home.

Los Gatos has plenty of vineyards to choose from but there are only a select few with a great atmosphere, wine and a view. **Byington Vineyard and Winery** is located at a colonial style home that provides breathtaking scenery of the Santa Cruz Mountains. **Testarossa Winery** is also famous for its stunning views and cave-like tasting rooms full of paintings and barrels. **Regale Winery & Vineyards** also has magnificent outdoor seating that calls for a natural wine tasting experience.

For a more educational vacation, The **New Museum Los Gatos (NUMU)** offers many events and attractions for fun, family learning. Check out the Lost World exhibit, which features throwback memorabilia fascinating to all ages.





*School supplies have changed since the old days.*

# 20 Things You Can Do To Make Your Kids Want To Go Back To School

MELISSA HARTMAN

**G**one are the days of Trapper Keepers, Spacemaker pencil boxes and Pee-Chee folders. In this day and age, grade school students and their parents are more likely

to look at laptops and tablets. Every kid dreads going back to school, but this handy guide should make sure your boy or girl has everything they need to enrich their education. Rolling the kids

out of bed in the morning, however, is still up to you.

**1.** Bite the bullet and buy the technology that will help your student move from middle school, to high school and eventually college.

Tablets have been shown to improve learning and confidence, and they're often cheaper than laptops.

**2.** Personalize your kid's school supplies on a budget. As an example, let them try





*Fun meal plans can inspire creativity.*

to tie-dye the white backpack you found on sale in the beginning of summer but hid until right before school.

**3.** Take them on a trip to a nearby university to give them an incentive to stay awake in class.

**4.** Give them a gift card to buy a book on Amazon. Bookstores are disappearing by the day, but their interest in reading shouldn't.

**5.** Take the time each morning to prepare a full, creative breakfast. If they're waking up to yummy but healthy smoothies instead of a PopTart, they'll have more energy for a productive day.

**6.** Buy a white board with the days of the week on it for homework. Customization and organization can motivate your child to try harder.

**7.** Exercise helps to fight obesity and generates endorphins. Buy your child new shoes or exercise clothes so they feel comfortable

partaking in sports or physical education.

**8.** Talk about small, affordable staycations (see page 8) that you can take on weekends during the school year. The fun doesn't have to end when school starts.

**9.** Spend a weekend day volunteering to help less fortunate youth. If this doesn't motivate your child to appreciate what they have, not much else will.

**10.** Rewarding your kids can be beneficial. Apps like myHomework will keep everyone in check and options like letting your child choose where to eat out next when they've kept up their end of the bargain will be helpful.

**11.** Remind your child not to take things too seriously. Let them pick out one or two frivolous things that won't break the bank but allow them to enjoy their time outside of school (e.g. art supplies, craft projects).

# MUSIC LESSONS

Your downtown music teachers have a new home in Harvest Plaza, upstairs from the new Booksmart location.

Piano • Voice • Guitar • Bass • Drums  
Banjo • Violin • Cello • Ukulele • Flute  
Clarinet • Sax • Trumpet • Trombone

**Morgan Hill Music Studios**  
(408) 612-8042  
1295 E Dunne Ave Suite 200, Morgan Hill  
morganhillmusicstudios@gmail.com

## South County Ballet Company

Classical Ballet

**\$10**  
New Student Discount

**(408) 847-1827**  
laurigraysschoolofdance1@yahoo.com • 150 Leavesley Road #D, Gilroy



# LAURI GRAY'S SCHOOL OF DANCE

**\$10**  
NEW STUDENT DISCOUNT

- TAP
- JAZZ
- LYRICAL
- TUMBLING
- BALLET
- HIP HOP

(408) 847-1827  
laurigraysschoolofdance1@yahoo.com  
150 LEAVESLEY ROAD #D, GILROY

## PARENTS SEE CONFIDENCE. KIDS SEE ADVENTURE.

\*You can see the wonderful impact The Little Gym can have on your child when you join us for a Free Introductory Experience.

The Little Gym of Morgan Hill  
www.tlgmorganhillca.com  
408.776.8125

**The Little Gym**  
Serious Fun.

NOW ENROLLING FOR THE 2016-17 SEASON - \$20 OFF WITH THIS AD

CANNOT BE COMBINED WITH OTHER OFFERS - EXPIRES 10/01/2016 - ORIGINAL AD ONLY



*Give kids autonomy to pick out their clothes the night prior.*

**12. Be a silent supporter.**

You're the backbone for your kids and can remind them of that when appropriate, but at a certain point notes in your child's lunch are going to go less appreciated.

**13. Practice going back to school** a few days before the mayhem actually starts. Set earlier alarms to wake your kids up and wean them off of summer's surplus sleep.

**14. Create a color-coded calendar** in a central location of the home with everyone's schedules. This will help everyone feel more prepared for school, work and everyday life.

**15. Encourage good habits** like having your child select and set out their outfit the night before, and set their own alarms.

**16. Buying an inexpensive section organizer** where you can separate paperwork for each kid will prevent meltdowns when they forget they need to turn in a signed form at the last minute.

**17. Letting your child choose** one or two snacks to go in their lunches will be a bright point in their day.

**18. Make a playlist** that is upbeat for the morning drive, combining the taste of all of your kids so that no one feels left out.

**19. Challenge yourself** to hear your child out before making assumptions when issues arise. Making a name for this policy will let them know they have you on their side.

**20. Involve their friends** in this process—take them school supply shopping with your family or plan day trips.





**Music**  
AS LANGUAGE

## Piano - Voice - Guitar - Group Classes

Sign Up Today to Lock in 2015 Rates Forever!

For more information, please contact us at  
[admin@musicaslanguage.com](mailto:admin@musicaslanguage.com)  
 17705 Hale Ave. Building H, Suite 1  
 Morgan Hill, CA  
 (408) 782-4793  
[musicaslanguage.com](http://musicaslanguage.com)



**MR. PICKLE'S**  
SANDWICH SHOP

1049 Cochrane Road, Suite 120  
 Morgan Hill, CA 95037  
 (408) 612-4902

**\$1 OFF**  
 Purchase of a Full Sandwich

One coupon per purchase. Must present coupon.  
 Expires 9/30/2016. Good at Morgan Hill location only.  
 Valid for in-store use only.

**NOW SERVING  
SOUPS, SALADS  
& COMBOS**



**• LANA'S DANCE STUDIO •**

Tap • Jazz • Ballet • Hip-Hop • Lyrical



**Summer Classes Begin August 1**  
 Beginning Level - 2 days a week  
 Summer Intensive Session - 4 days a week. Open to dancers with some experience. All styles of dance will be taught.  
 Find out how to be part of our competition teams!  
 Fall registration **August 9-11** at the Morgan Hill Studio  
 Fall Session begins **September 6**  
 Competition Team Workshops & Auditions **August 22-25**



**Morgan Hill**  
 408.848.3812

**Gilroy**  
 408.848.3812  
[www.lanasdancestudio.biz](http://www.lanasdancestudio.biz)

**City of Gilroy Recreation Department and the  
 Gilroy Rotary Clubs present**

**FREE Admission**

**Kids Discover Arts**

Local art professionals will conduct  
 18 outdoor workshops and "hands-on" arts  
 activities for children ages 5 to 11 years.

**Saturday • August 27 • 9am-1pm**  
 350 W. 6th Street • Gilroy

~ Outdoors on the Grassy Paseo ~  
 Between Gilroy City Hall and the Gilroy Public Library

Children must be accompanied by an adult • Please wear paint-friendly clothing  
 and plenty of sunscreen! • No pets or strollers please

**For more information call 408.846.0460**

**There's something for  
 everyone in Out&About**

**Are You...** Traveling Thru? A New Resident?  
 Considering Moving Here? A Long Time Resident?  
 Opening a New Business?

Call now to reserve your space! • 408.842.7071  
[adsales@outandaboutmagazine.com](mailto:adsales@outandaboutmagazine.com) • [www.outandaboutmagazine.com](http://www.outandaboutmagazine.com)





*Lights always shine bright at Gilroy Gardens' Lumination.*

# All of the Lights of August

**S**ummer's not over yet! There's still plenty of fun to be had in and around Gilroy.

Have you been to Lumination at Gilroy Gardens yet? As the sun sets, the entire park is transformed with all the sights and sounds of ancient China. This spectacular night-time festival takes visitors on

a journey through 2,000 years of Chinese history and culture, with colossal silk-and-steel light displays of giant dragons, playful pandas, and the towering Temple of Heaven. Guests can also stroll through the Artisan Marketplace, enjoy authentic Chinese food, and watch nightly shows featuring live performers

from China. Please note that separate night-time tickets are required for Lumination, and rides are not running during the evening hours.

Thanks to the Gilroy Chamber of Commerce, the 15th annual Garlic City Car Show will cruise into downtown Gilroy on Saturday, Aug. 20 and promises to be bigger and

better than ever this year! All types of vehicles will be on display, from the classic Model T and antique tractors to souped-up hot rods, muscle cars, the world speed record boat and new cars. There will be live music on three stages, a fun Kids Zone, and great food served up by your favorite downtown restaurants. It's a





*The end of summer in Gilroy is chock-full of wine tasting events.*

great chance to hang out with friends and enjoy the cool downtown vibe.

If you thought the Santa Clara Valley Wine Trail was just about wine, think again! In August alone you can enjoy many musical events like KRTY Songwriters at Clos La Chance (8/5), Vines and Vibes at Guglielmo Winery (8/10 and 8/24), Music in the Vineyard at Fortino Winery (8/26), and the Sunset Music Series at Sarah's Vineyard (every Friday night through September), just to name a few. Cigar and wine aficionados should definitely check out Cigars Under the Stars at Solis Winery (8/20 and 8/27), where visitors can enjoy two special cigars along with

special wine and port selections.

Sadly, summer must eventually come to an end, and most kids will have to head back to school this month. But back-to-school shopping is way more fun when you go to Gilroy Premium Outlets, where you can save 25-65 percent on designer fashions for the whole family, including Nike, Banana Republic, Gap Outlet, Tommy Hilfiger, Lucky Brand, and more. Find even deeper discounts and extended hours during the Labor Day weekend sale, September 2-5.

*Go to [visitgilroy.com](http://visitgilroy.com) for more information about these and other events going on in Gilroy.*

# Family Outdoor

# MOVIE NIGHT

**FREE**


Movies begin at dusk on the lawn at the  
 Gilroy Center for the Arts, 7341 Monterey Street  
 Bring your own chairs and blankets. Concessions available.  
 Alcohol is not allowed at the event.



**August 5**  
McFarland USA



**August 12**  
Finding Nemo



**August 19**  
Cars

Brought to you by City of Gilroy, Arts and Cultural Commission,  
 Public Art Committee, Gilroy Arts Alliance and Italian Catholic Federation  
 For more information please call the Gilroy Arts Alliance at 408.842.6999  
 or the City of Gilroy Recreation Department at 408.846.0460.



**Gilroy Center for the Arts 7341 Monterey Street**  
[www.GilroyArtsAlliance.com](http://www.GilroyArtsAlliance.com)

## ROBERTSON | ADAMS

Trust & Estate Attorneys

Our Clients are our Specialty!

Now scheduling appointments at our GILROY office

WILLS & TRUSTS • PROBATE  
 CONSERVATORSHIPS  
 TRUST/ESTATE ADMINISTRATION  
 LITIGATION • SPECIAL NEEDS TRUSTS



www.robertsonadamslaw.com

\*CERTIFIED SPECIALIST, CA State Bar, Board of Legal Specialization, Estate Planning, Trust & Probate Law

8339 Church Street, #116 • Gilroy

Tel: 408.398.7300

Fax: 916.434.2551

**Juliette T. Robertson\***  
Principal Attorney

**Michelle A. Martin**  
Senior Associate Attorney




WEEKEND & EVENING APPOINTMENTS AVAILABLE!





Photo credit

*The last day of free swimming at the aquatic center will take place Aug. 12.*

## Stay Cool Through Summer's End

**A**s Morgan Hill begins to gear up for the new school year, the summer season is becoming a memory filled with laughs, fun events and great people. But, even with summer making a rapid escape, there is so much fun still to be had right here in Morgan Hill.

On Tuesday, Aug. 2 the Morgan Hill Police Department along with the National Association of Town Watch are co-hosting the annual National Night Out event from 5:30-8pm on Third Street in Downtown. The crime and drug

prevention event features music, an old-fashioned ice cream social, police and fire equipment on display, kids activities and more. For more info, visit [www.morganhill.ca.gov](http://www.morganhill.ca.gov).

The 2016 class of Leadership Morgan Hill will host a Pizza with a Purpose fundraiser at Sycamore Creek Vineyards on Aug. 7 from 2-5pm. All funds raised at this event will go toward the construction of the Community Oasis park opening in September. This event is for adults ages 21 and over. Tickets for the fundraiser are

available for \$35 and can be purchased online at <http://sycamorecreekvineyards.com/events.html>. For more information about the Community Oasis project, visit [www.leadershipmorganhill.org](http://www.leadershipmorganhill.org).

Also on Aug. 7, Star Wars fans can make their way to the Candy Parlour to see their favorite characters Kylo Ren and Rey! The Candy Parlour is located in downtown Morgan Hill and the free event runs from 1:30-3pm.

The Friday Night Music Series presented by the Morgan Hill Chamber of



Commerce continues through the month of August, providing great music and fun memories! Located at the Morgan Hill Community and Cultural Center amphitheater, this event is also free to the public. Beverages and food are available for purchase on site. For more info, visit [www.morganhill.org](http://www.morganhill.org).

And what better way to celebrate summer than cooling down by the pool? If you haven't made a visit to the Morgan Hill Dennis Kennedy Aquatics Center this summer, or you just can't wait to get back, Aug. 12 is the perfect day! Open 11:30am to 6:00pm, admission will be free for Morgan Hill residents with proof of residency. For more info, visit [www.mhaquaticscenter.com](http://www.mhaquaticscenter.com).

The third and final Summer Fun in the Park event is scheduled for Wednesday, Aug. 24 at Galvan Park. This free event is full of activities and entertainment, including face painting, a photo booth, games and music. The event runs from 6:00-8pm and all are welcome to join in on the fun!



*Summer Fun in the Park will take place Aug. 24.*

# RATES ARE LOW!

Purchase · Refinance · Get Pre-approved Today!



**CALL US TODAY!**

**WE'RE LOOKING FOR LOAN CONSULTANTS AND SALES MANAGERS TO JOIN OUR WINNING TEAM!**



## MARIA PINEDA

LOAN CONSULTANT  
NMLS #1208990

408.843.0458

[Maria.Pineda@nafinc.com](mailto:Maria.Pineda@nafinc.com)

*Se Habla Español*



## MAGGIE MCCARTHY

LOAN CONSULTANT  
NMLS #926613

408.515.9324

[Maggie.McCarthy@nafinc.com](mailto:Maggie.McCarthy@nafinc.com)

*Se Habla Español*



## JUSTIN BERTEAUX

BRANCH MANAGER &  
LOAN CONSULTANT  
NMLS #250347

408.710.5252

[Justin.Berteaux@nafinc.com](mailto:Justin.Berteaux@nafinc.com)

[JustinBerteaux.com](http://JustinBerteaux.com)



## TERRI VALDEZ

LOAN CONSULTANT  
NMLS #294014

408.309.1614

[Terri.Valdez@nafinc.com](mailto:Terri.Valdez@nafinc.com)

[TerriValdez.com](http://TerriValdez.com)



## GRACE OLIVETTI

PRODUCTION ASSISTANT

408.779.3938 ext: 5041

[Grace.Olivetti@Nafinc.com](mailto:Grace.Olivetti@Nafinc.com)

**VISIT OUR BRANCH | 18525 SUTTER BLVD, SUITE 240, MORGAN HILL, CA 95037**



Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act. NMLS ID#6606. All programs are subject to borrower and property qualifications. Rates, terms and conditions are subject to change without notice. © New American Funding. New American and New American Funding are registered trademarks of Broker Solutions Inc. dba New American Funding. All Rights Reserved. Corporate Office is located at 14511 Myford Road, Suite 100, Tustin CA 92780. Phone (800) 450-2010. 06/2016



# HOT AUGUST SUMMER AFTERNOON AT WESTMONT OF MORGAN HILL!

**Aug. 20**  
1:30-3pm


**Classic cars**  
30's-70's theme

- Lemonade
- Wine Spritzer
- Watermelon on a stick
- Mini Caprese Skewers

**Music &  
Entertainment**

  
**WESTMONT  
of Morgan Hill**  
inspired retirement living

1160 Cochrane Road, Morgan Hill  
[www.westmontliving.com](http://www.westmontliving.com)

Lic # 435294345 

# JOIN OUR BOCCE LEAGUES! TUESDAYS AND WEDNESDAYS



*Bocce and Wine Bar*



**BRING IN A NEW TEAM  
FOR OUR BOCCE  
LEAGUES AND RECEIVE  
A \$25 GIFT CARD.**

**YOU MUST PRESENT THIS COUPON ON THE  
1ST NIGHT OF WINTER LEAGUE.**

**LOCATED IN MORGAN HILL BOWL  
650 TENNANT STATION MORGAN HILL, CA 95037  
CALL 408-778-7190**

# Introductory Special!

**\$39.95**

Includes 2 weeks of  
classes and official uniform!

- Family Friendly • Flexible Schedule
- Modern Facility • Easy Parking

Contact us to schedule your first class.

**We do Birthday Parties!**



**NEW LOCATION!**

**UNITED  
ACADEMY OF  
MARTIAL  
ARTS**

**330 Digital Drive, Morgan Hill**  
Off of Butterfield between Main & Cochrane  
**408.779.4364 • [www.UAMA.com](http://www.UAMA.com)**





# Because of your business, we are expanding!



America's  
choice in  
home care  
has expanded  
to continue  
meeting the  
needs of our  
community.

Visit us at our new home  
at 700 W. 6th Street,  
Suite L in Gilroy

[www.visitingangels.com/gilroy](http://www.visitingangels.com/gilroy)

(408) 846-2988

America's Choice in Homecare  
**VisitingAngels**  
LIVING ASSISTANCE SERVICES



\* Registered trademark of Living Assistance Services.  
Each Visiting Angels office is independently owned and operated.



Children's Discovery  
Museum of San Jose



**Last chance!**  
**Closes 9/11**

© 2016 All rights reserved.  
The Amazing Castle™ was created  
by Minnesota Children's Museum.

## Located in Historic Downtown Gilroy

- Steaks, Seafood & Pasta • Beautiful Ambiance
- Patio Dining • Open Daily 8am
- Sunday Champagne Brunch 9am
- Full Service Bar / Happy Hour 3-6pm
- Early Bird Dinner Specials 4-6pm
- Banquet and meeting facilities which can accommodate up to 160  
(Weddings, Rehearsal Dinners,  
Baby Showers, Reception  
& Anniversaries)



Ask about  
our Banquet  
& Catering  
Services

### RESTAURANT OPEN

Open daily 8:00am for  
Breakfast, Lunch & Dinner  
Sunday Brunch 8am-1pm

**OLD CITY HALL**

7400 Monterey Street, Gilroy • (408) 842-3454  
[www.oldcityhall.biz](http://www.oldcityhall.biz)



For Museum hours and  
directions visit [www.cdm.org](http://www.cdm.org)  
or call (408) 298-5437

180 Woz Way  
San Jose  
CA 95110







Fresh strawberries are just one of hundreds of offerings at the Hollister Farmer's Market.

# Treat Your Body, Stomach with Respect

**T**he Hollister Certified Farmers' Market is a great place to teach your kids about the value of money, local food and community! Here are 10 great reasons, from an article written by Rick D. at ReadyNutrition.com, to bring your family to the Hollister Farmer's Market:

## 1. Develop healthy emotional eating habits

Link emotional eating to positive feelings rather than negative ones. Swap out unhealthy options and replace it with options from a trip to the farmers' market. Do this regularly and your

family will equate healthy real food with happy family afternoons or evenings spent at the farmers' market.

## 2. Connect with the source of "real food"

There is a huge disconnect between most Americans and their food. For the most part, we've stopped questioning where our food comes from, how it is raised and if it is good for our health. This is why our supermarkets shelves are lined with so many boxes of processed junk food. They keep making it because we keep buying it! We can break the cycle with our kids and the farmers' market provides

a great opportunity to further the food connection discussion. It is much more effective when you practice what you preach. Buying from local, sustainable farmers reinforces the message.

## 3. Talk with food producers

Kids are naturally curious and farming is pretty amazing! Think about it – Plant seeds in dirt, add water and sunlight and get vegetables! Of course, there is much more to it than that, but you get the point. Farmers are generally really proud of their work and they are happy to talk about it. Kids can ask some great questions of these producers, like *Why are you a*

*farmer? What's your favorite thing to grow?, or What's the hardest/easiest thing to grow?* A cool side-effect of this interaction is that the next time you go to the market, your kids will remember the farmers who grow the food that they eat.

## 4. Teach the value of money

Depending on the ages of your kids, let them buy their own food by giving them their own money to spend on their own food to bring home. Will they think long and hard about what they what to buy? Or will they buy the first thing they see? Learning to shop wisely and consider all options is



a great skill to teach. Young children can also get involved by handing the money for food purchases to the farmer if they are too young to make a purchase choices themselves.

## 5. Cooking healthy foods

Getting kids involved in cooking is great. Basic cooking skills open so many choices for them later in life while also alleviating the need to purchase ready-made food. Cooking the food that was just purchased, or that they bought, provides an opportunity for learning and practicing skills as well as promoting creativity with decisions about how they food should be prepared.

## 6. Introduce new foods

Learning how foods are grown and where they come from can open the door to trying new foods. Purchasing produce directly from the farmer, in its best tasting state, is the best way to try new foods. Some farmers even provide tastings at their booth!

## 7. Learn about nutrition

For older kids, the farmers' market provides an opportunity to learn about nutrition and why real foods are so important to maintain a healthy body. The consumption of nutritious foods make for better athletes, and help make your body, stronger and smarter.

## 8. Get outside

Farmers' market attendance helps you break away from TV screens, computer screens, iPad screens, cell phone screens and the like. Getting away from these screens helps provide exercise and fresh air.

## 9. Family bonding

A trip the farmers' market

provides a great way to spend time together as a family. It's easy to enjoy each other's company while you are doing something healthy. You can play games with small children like finding foods that are different colors and shapes. Older kids may enjoy a scavenger hunt, with a family prize if the goal is achieved. This kind of family outing can be fun and one that memories are made of. You are also instilling the value of healthy food and family time for future generations.

## 10. Teach the importance of community

Farmers provide the opportunity to purchase locally grown food and also a sense of pride in our home town. Farmers' markets demonstrate the importance of community participation with each dollar you spend supporting that farmer or vendor and their families and employees. Money spent locally is more likely to stay local, contributing to community investment and vitality.

In addition to our wonderful fresh produce vendors, our market offers an abundance of prepared foods, retail and gift items, and music by DJ Rory of RGN Productions. You can also find specialty services and additional live performances by community members.

The Hollister Certified Farmers' Market takes place on San Benito Street, between Fourth and Seventh Streets, every Wednesday evening from 3:00-7:30 pm through the end of September. For more info call 831.636.8406.



*Sponsored by Hazel Hawkins Memorial Hospital*

**3<sup>rd</sup> Monday of each month  
6:00 p.m.  
Hazel Hawkins Memorial Hospital  
Board Room  
911 Sunset Drive • Hollister**

---

### 2016 DATES:

JUNE 20, JULY 18, AUGUST 15, SEPTEMBER 19,  
OCTOBER 17, NOVEMBER 21, DECEMBER 19

---

***Facilitated by Vivek Jain, M.D.  
Neurologist & Stroke Program  
Medical Director***

### ***The group will provide:***

- Emotional support
- Hope for the future
- A place to talk
- What to expect in the months to come

### **For more information, please call:**

***Wendy Bell, RN, NVRN-BC  
Stroke Program Coordinator  
(831) 637-5711 ext. 2038***







*Campbell's Summer Concert Series will have us grooving into fall.*

## R&B Tunes Take Over Campbell

**S**tart off the month of August by getting together with friends for a Paint Nite at PY Kitchen & Bar on Aug. 3. This event is all about creating art while relaxing and sipping on cocktails. From 7-9pm participants can create a canvas guided by a professional artist, all while laughing with friends and discovering untapped creativity.

The festivities continue Aug. 4 San Jose-based R&B, funk and soul band SAGE plays the 2016 Campbell Summer Concert Series. The concert begins at 6:30pm and great food and beer will be on sale in support of the Ainsley House and Campbell Museum.

As the Campbell Summer Concert Series continues, next in line is the return of The Crocodiles. The dynamic six-piece

band plays everything from rock, funk, motown, country and contemporary pop.

On Aug. 13, grab your bike and meet in front of the Cruiser Shop at 6:30pm for a night out to ride and grab some delicious grub at a different restaurant each month. Or, get outdoors and listen to Bay Area blues artist Iasiah Pickett at Summer Music Nights. This young and blossoming artist will perform from 5-8pm at Cinnabar Hills Golf Club on Aug. 16.

The end of August will also feature Golf Tournament 2016 is held at the Cinnabar Hills Golf Club this year. The 52nd annual golf tournament not only includes an unwinding day of golf, it also consists of lunch, dinner, tee prizes and raffle prizes. Fill out a player registration

form, show up at 10:30am for golfer check in and get your day started.

Join the Campbell Brewing Company every Sunday for Reggae, bottomless mimosas, additional food and other special drinks. Celebrate the start of a new week at 11am with acoustic reggae and special guests. The Campbell Brewing Company is also known to be a great place to relax during the Campbell's farmer's market every Sunday from 9am to 1pm.

For a sweet and savory pastry brunch selection, spend your Sunday's at Tessora's Barra di Vino. Alongside with the sweets selection there will also be French press coffee, mimosas and sangria to compliment your food.





*A beauty pageant on Aug. 6 will send one talented lady on to compete for Miss USA or Miss Teen USA.*

## Embracing Arts: Pageants to Luncheons in Los Gatos

**S**ummer is in full-swing, with opportunities to explore all tastes. Have a family day at the annual Harvest Festival or enjoy the arts at Villa Montalvo. Either way, there's no limit to what one can do in Los Gatos this month.

On Aug. 2 from 5:30-7:30pm, the Tri-Chamber Mixer will hold a mixer for professionals in Los Gatos, Campbell

and Saratoga. Hosted at Hotel Los Gatos, the event will offer a walk through the Mediterranean-inspired premier hotel, networking with like-minded business people and complimentary drinks. Tickets are just \$10 for chamber members and \$15 for prospective chamber members.

On Aug. 3, feel the summer breeze

blow through your hair as you wine and dine on Montalvo Art Center's veranda. The day starts at 10am with games in the Spanish courtyard, followed by seating on the veranda from noon to 1pm. Wine, salad and a fashion show will have guests feeling as sophisticated as the first visitors of the grounds (at least for the rest of the day). Events continue each Wednesday through August.

On August 6, Los Gatos High School Theater will host town's beauty pageant, where two lucky winners will win the entry fee and opportunity to compete for Miss USA or Miss Teen USA.

Music in the Park is always one of Los Gatos' most popular events, and it will continue to entertain on Aug. 7 with The Purple Ones, Aug. 21 with Hitmen and Aug. 28 with Pop Fiction. Each band is unique with something for everyone, ranging from a tribute to Prince to dance music to pop music from the past four decades.

The Los Gatos Civic Center grounds will shake Aug. 13-14, when 150 artists, food trucks, and wine and beer vendors take over for the annual Fiesta de Artes. Both days will run from 10am to 6pm, with plenty of fun possibilities for parents and kids alike.

Guglielmo Winery's Annual Harvest Festival returns Aug. 16, featuring afternoon games, a tri-tip barbecue dinner, wine and beer and live music from The Heartbeats. Tickets cost \$65 a person (\$55 for members) but are expected to sell out quickly, so visit Guglielmo's tasting rooms or call them to purchase your tickets.

Rounding out the month with a bang is the Los Gatos Comedy Night on Aug. 27. Joey Avery, one of the Bay Area's funniest comedians, will bring a newcomer feeling to C.B. Hannegan's. An early show at 7pm and a later show at 9pm are being offered. Tickets are \$15 in advance and \$20 at the door.

And as always, the Farmer's Market happens every Sunday at Town Plaza Park from 8:30am to 1pm throughout the summer. For more info contact SuEllen Sterling at 408.353.4293.





# DELPHI ACADEMY

KINDERGARTEN THROUGH EIGHTH GRADE



**Empowering students to become self-determined, independent learners and thinkers.**

## DISCOVER THE DELPHI DIFFERENCE

- Happy, Confident Students • Leadership & Service
- Weekly Field Trips • Competency-based • Small Classes
- Hands-on Learning • Excellent Academics & Electives!



**Now Accepting Applications for the 2016-17 School Year**

*A few openings available.  
Call today for a personal tour  
to see the classrooms in action.*



**delphicampbell.org**

**408.370.7400**



## Dr. Preete Bhanot Ob / Gyn and Med-Spa

### COOLSCULPTING

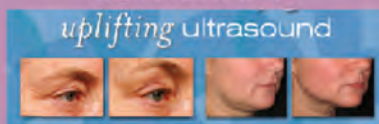
FDA cleared for fat removal. No surgery. No downtime.



### JUVEDERM



### ULTHERAPY



### BOTOX



## Refresh and Rejuvenate Today!

Call 408-782-2515 • PreeteBhanotMD.com

18181 Butterfield Blvd., Ste. 125, Morgan Hill

1569 Lexann Ave., Ste. 220, San Jose





*Give yourself a day at home to be pampered—you deserve it!*

# Health & Beauty

## 5 Spa Treatments for Home

JACQUELINE SMITH

**H**aving a spa day at home can be just as lovely and relaxing as a day spent at a fancy spa. And with summer nearing an end, school starting up and the holidays peeking around the corner, what better time to pamper yourself? Pick a day with few interruptions, turn off the cell, light a few candles and put on some quiet music to set the scene. Here's a few great treatments to give yourself the day you deserve.

### 1. Epsom Salt Detox Bath

A good, hot bath can do wonders for the soul and a detox bath is one of the easiest therapies to enhance our body's natural detoxification process. Epsom salts, or magnesium sulfate, not only draws out toxins, but can also reduce muscle soreness, improve sleep, prevent artery hardening and blood clots, and ease migraines. To do: Fill a bathtub with hot water (as hot as you can stand), add 5-10 drops lavender essential oil (for relaxation) and two cups of Epsom salts. If your water is unfiltered, add one cup baking soda to neutralize chlorine

and increase mineral absorption. Soak up to your neck for at least 20 minutes. Do not use harsh shampoos or soaps, as your pores will be open, but you may apply an all natural moisturizer, like Shea butter. Be sure to rinse with cool water after your bath and wait at least 30 minutes to eat. Be sure to drink plenty of filtered water to allow for further detoxification.

### 2. Hair/Skin Masks

Since you've got at least 20 minutes in the tub, now is the perfect time to give your skin and hair a little TLC. Do-it-yourself treatments are great because they are free of harsh chemicals. As a bonus, they're also inexpensive and can be fun way to experiment! A lot of really great hair and skin masks use an array of ingredients, such as egg whites, olive oil, pumpkin purée, avocado or honey. Pinterest is a great place to look up unique recipes. Make sure to mix your masks ahead of time, apply, then wrap your hair in a towel or shower cap and let it all soak in.

### 3. Sugar Scrubs

After you have done your detox and it's time to rinse off those masks, now is a great time to do a quick and gentle sugar scrub. A quick DIY scrub can be made with just sugar and coconut oil, but there are many other fun ones to try. Some sugar scrubs use peppermint oil, oatmeal, honey and even coffee. As with your hair and skin masques, make sure you mix them ahead of time. Keep the water on the cool side and gently massage into the skin, then rinse. Pat dry and apply Shea butter.

### 4. Manicure/Pedicure

Mani/Pedis are easy to do on your own. What's great, too, is that after all that soaking and exfoliating your nails will be right where you need them to be. Get that old nail polish off, and trim your nails to just a bit longer than your preferred length. Then file them into the shape you would like. Apply a cuticle oil and push your cuticles back. Apply a little moisturizer and get ready to put on polish. Your hands and feet will be looking great at a fraction of the cost. Don't forget to do your pedicure before your manicure!

### 5. Massage

Despite the many health benefits of massage, we can't all book regular appointments at the spa. But there's a basic (and cheap!) tool known to many runners and other athletes that might just be the next best thing. If you haven't already, it's time to get familiar with a foam roller. "Foam rolling" is a form of self massage that helps release muscle tightness and trigger points. By slowly rolling over various points on your body, you'll help to break up adhesions, scar tissue and loosen common areas of tightness like the outer thighs, quadriceps and upper back. Foam rollers are relatively inexpensive and can be used on a daily basis for up to 20 minutes on each area of focus. And while it may not beat those 90 minute massages at the spa, you will feel a difference and your body will thank you.

*Jacqueline Smith is a licensed esthetician with more than a decade of experience working in skin care. She can be seen by appointment.*

**Palazzi Salon** 274 E. Campbell Ave., Campbell.  
408.370.0472. [palazzisalon.com](http://palazzisalon.com)





*Swimming can be great for dogs but owners should be mindful.*

# Pet Life

## Safety, Health Tips for Pets in the Pool

DR. JEANNE HAGGERTY

**M**any dogs enjoy cooling off in the water just like us during the heat of South County summers. Here are a few tips and things to think about before letting your dog jump into the backyard pool.

### Can he swim?

Although many dogs do know how to swim, don't assume that it's an innate skill—it is not. Just because you have a water breed, that does not necessarily mean your dog knows how to swim. Keep a close watch on him the first time you allow access to the pool so you can make sure he is able to swim and also train him to find the stairs.

### Keep it gated

Even dogs that know how to swim can drown in an unattended pool. It is tragic when we see a beloved pet come in that has been found lifeless in the backyard pool. They will often become exhausted while swimming but may not have the foresight to get out, and as a result they keep swimming past the point of exhaustion. Others will be lucky enough to survive but in the process become very tired and may aspirate water, leading to pneumonia. Aspiration pneumonia is a medical emergency that is not only very dangerous to your pet, but can also be very expensive to treat.

### Consider a life jacket

They do make life jackets for pets, which are a great idea for people who have a backyard pool. The jacket can be put on the pet during a pool party or BBQ to ensure his safety and free you up to enjoy the rest of the event.

### What if they drink the water?

Drinking small amounts of chlorinated water does not generally cause a problem. However, if a pet is left on a hot day without access to another source of fresh water, they may drink large amounts from a pool. Ingesting large amounts of chlorinated water can alter a pet's electrolytes levels and be harmful. Ingestion of large amounts of salt water—from a salt water pool or from the ocean—can be very dangerous and even deadly. If your pet has consumed a large amount of pool or salted water and is acting sick, contact your veterinarian.

### What about those ears?

If your pet swims regularly, you should clean his ears on a frequent basis in order to prevent the occurrence of ear infections. Swimming leads to the collection of water in the ear canals, especially in floppy-eared dogs. That moist environment is a perfect place for bacteria and yeast to set up shop and create an infection.

### What about sun exposure?

Dogs are susceptible to skin cancers from sun exposure. It is far more common in dogs (and cats) that are white, and particularly those with white around the eyes, nose and belly. Zinc oxide sunscreens can be used in areas where you can apply them without it getting into the eyes.

### Is swimming a good exercise?



As in people, swimming is used as a great non-weight bearing exercise for dogs who have all sorts of injuries from arthritis to ACL injuries. It is easy on the joints but helps provide the exercise they need to prevent them from getting too heavy.

*Dr. Haggerty is co-owner of Live Oak Veterinary Hospital in Morgan Hill and has been a practicing veterinarian for more than 14 years.*



## Full Service Veterinary Hospital

16025 Vineyard Boulevard, Morgan Hill, CA 95037

 LOREEN CLARK, DVM  
JEANNE HAGGERTY-ARCAY, DVM   
MIKE SWITZER, DVM  
JILL MUTH, DVM



 408.779.4010  [www.LiveOakHospital.com](http://www.LiveOakHospital.com)  [facebook.com/liveoakveterinaryhospital](https://facebook.com/liveoakveterinaryhospital)

Preventative Care | Routine Care | Cardiology | Anesthesia  
Chiropractics | Boarding Facilities | Professional Grooming  
Puppy & Kitten Packages | Routine Surgical Services  
Dental Prophylaxis & Treatment | Orthopedics & Specialty Surgeries

## The Guatemalan Boutique

- Fair trade imports from Guatemala & Mexico
- Sterling silver from Taxco
- Specializing in Day of the Dead collectibles

302 Third Street, San Juan Bautista

831.623.1117 • [guatemalanboutique.com](http://guatemalanboutique.com)

Wednesday-Sunday 11:00am-5:00pm

**GALERIA ARTE**

25 West Main St., Los Gatos • 408.395.0403



## ADEL'S ESTATE SALES



Moving? Downsizing?  
Need to clear out Mom's house?

We're here to help with your  
estate sale needs.

**Adel Browning ~ Gilroy, CA**

408.665.6144 • [www.adelsestatesales.com](http://www.adelsestatesales.com)

## 24HR EMERGENCY ANIMAL CARE

### Full Service Emergency Services

Emergency  
veterinarians  
are on site 24/7

State of the Art  
Equipment is available  
including MRI

We also accept  
referrals from your  
family vet to our **Board  
Certified Specialists**



7160 Santa Teresa Blvd., San Jose • [www.svvpets.net](http://www.svvpets.net)

408.649.7070 • 408.679.7072 fax

GIVING BACK TO OUR COMMUNITY!

**ONE TO  
ANOTHER**  
THRIFT SHOP

**50% OFF  
Wednesdays!**

381-B First Street, Gilroy, CA 95020

Phone: 408.842.1434 Hours: 10am to 6pm TUE-SAT  
[OneToAnotherThrift@gmail.com](mailto:OneToAnotherThrift@gmail.com) | [onetoanotherthrift.com](http://onetoanotherthrift.com)

**Got an event  
for our calendar?**

Send it to  
[calendar@outandaboutmagazine.com](mailto:calendar@outandaboutmagazine.com)





More than 100 native varieties of buckwheats can be found in California.

# A Passion for Plants

## Taming the Wild Buckwheat

NANCY SCHRAMM

**M**any years ago my husband and I headed down to Cambria on our motorcycle. Getting there is half the fun, so we went inland and took Highway 25 past the Pinnacles. We may have both been born and raised in California, but it took a ride through this mostly unpopulated part of the state to truly fall in love with the scenery of late summer.

Golden rolling hills spotted with immense, deep green valley oak trees; the purple hue of the coast range in the distance—these colors in combination are still among my favorites. Since wildflowers

are a predominantly spring spectacle, I was surprised to see low, mounded, silvery-leaved plants topped with rich cinnamon-colored flowers alongside the road. A closer look revealed that the flowers were brittle and dry, but still very attractive. I'd discovered one of our native wild buckwheats, *Eriogonum*.

As it turns out, there are more than one hundred buckwheats native to California. To our good fortune, many are wonderful additions to home gardens. In general, *Eriogonum* species prefer full sun, good drainage and, once established, are extremely drought tolerant. The flowers are

excellent sources of both pollen and nectar for bees, butterflies and insect predators. The seeds that follow are an important food source for many different birds, and wild buckwheats are deer resistant. The open structure of the plants topped by taller flowers allows lizards, birds and other animals to take cover. All this and the plants are pretty, too—how can you go wrong?

I asked my friend Nicky Hughes, owner of Gold Rush Nursery in Soquel (a great source for buckwheat plants), to tell me about her three favorite species.

*Eriogonum arborescens*, the Santa Cruz Island buckwheat, is the largest of the three, growing three to four feet tall and a little wider, with gray-green leaves and white-pink flowers aging to a reddish-brown. It's long-lived, attractive year-round and has a nice habit.

If your garden is on the small side, take a look at *E. umbellatum* var. *Polyanthum*, or "Shasta Sulphur." This selection of sulfur buckwheat gets 18 inches tall when blooming and can spread between one to three feet across. The knock-your-socks-off yellow flowers are profuse and look great with other colored flowers, even as they age through many different shades of rich brown.

*E. elongatum*, long-stem buckwheat, is our selection for enthusiasts, be they fans of native or simply unusual plants. Unlike most other *eriogonum* with flowers clustered at the end of the stems, long-stem buckwheat has white-rose flower clusters scattered all along the long flower stems. Growing about four feet tall and two feet wide, *E. elongatum* is one of the more upright buckwheats. Those long stems are striking in the fall as they age a rust-copper color.

In short, California native wild buckwheats deserve a spot or two in your drought tolerant garden.

**EXTRA:** Don't miss the 22<sup>nd</sup> Annual Garden Railroad Tour to benefit the St Joseph's Center & Community Pantry, taking place 9am-3pm Saturday, August 13. For more information call Nigel at 831.750.2801 or email [nigelnctractor@yahoo.com](mailto:nigelnctractor@yahoo.com).

*Nancy Schramm is the third generation owner of Carman's Nursery. She and her husband have lived in Gilroy for more than 30 years. Contact her at 408.847.2313 or visit [www.carmanasnursery.com](http://www.carmanasnursery.com).*





ARE YOU THINKING ABOUT  
MAKING A MOVE THIS YEAR?

CALL ME BEFORE YOU BUY  
OR SELL YOUR NEXT HOME.

YOUR SOUTH COUNTY HOME  
AND LAND SPECIALIST.



**JOSEPH ZAHRIYA**  
REALTOR®  
CALBRE# 01486890  
JOSEPHZAHRIYA@KW.COM  
JOSEPHZAHRIYA.COM  
408.475.4661



- Certified Invisalign Orthodontist
- Individually tailored financial plans
- Designer, invisible & small standard braces in a rainbow of colors

**invisalign**  
Invisible Braces



**DR. TOMMY TONG**  
ORTHODONTIC SPECIALIST



GILROY • 842-0314    MORGAN HILL • 779-4169  
7880 WREN AVE. #C132    370 W. DUNNE AVE. #6

**EYI**

Extend Your Image Salon  
408-779-2230

HAS MOVED



Full Service Hair Salon  
Hair Extensions : Nails : Waxing : Beauty Supplies  
16195 Monterey Road #108, Morgan Hill, CA 95037  
[www.extendyourimage.com](http://www.extendyourimage.com)



Now through Sept. 28th  
**Certified  
Farmers' Market**

Wednesday's  
3 to 7:30 p.m.

**HOLLISTER  
DOWNTOWN**  
ASSOCIATION

[info@downtownhollister.org](mailto:info@downtownhollister.org)

SINCE 1993

**POWER**  
**EQUIPMENT COMPANY**

LAWN AND GARDEN EQUIPMENT  
SALES AND SERVICE

8284 Murray Ave., Gilroy    640 B McCray St., Hollister  
**408.842.9550    831.636.9091**  
[powerequipmentcompany.com](http://powerequipmentcompany.com)





*Peaches had to be cultivated over centuries to develop their delicious, sweet taste.*

# Farmer in the Field

## Peaches: From China to California

BONNIE SWANK

**O**ftentimes when writing about fruits and vegetables, I learn that many have a long history dating back centuries and traveling over many continents before landing in California. The California peach is no different.

Originating from the earliest days of Chinese culture, the first peaches were small and quite bitter until the ancient Chinese learned to cultivate the trees creating a larger and sweeter

fruit. The peach soon became a valuable commodity and traveled west to the Mediterranean regions.

In 1513, the peach arrived in North America and was introduced to Florida by the Spanish. They became very popular and slowly spread west towards the Mississippi River. In 1524, the Spanish also introduced peaches to Central America, where they traveled from Guatemala up through Mexico and on to California. As the Spanish missionaries

traveled into California, building missions as they traveled north, they would plant peach trees in the mission gardens. The missionaries then introduced peaches to California, planting the trees of the missions as they were built.

## Buttermilk Peach Pudding

*Courtesy of Southern Living*

Servings: 8 to 10

### INGREDIENTS

- 1 1/2 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1 teaspoon ground cinnamon
- 1/2 teaspoon salt
- 1/2 teaspoon freshly grated nutmeg
- 1/2 teaspoon ground ginger
- 3 1/2 peaches, peeled and coarsely chopped (about 1 1/2 lb.)
- 1 cup buttermilk
- 1/2 cup butter, softened
- 1 1/2 cups sugar
- 3 large eggs
- 2 ripe peaches, peeled and sliced (about 1 lb.)
- Vanilla ice cream

### PREPARATION

1. Preheat oven to 350°. Sift together first 7 ingredients; sift again.
2. Process chopped peaches in a food processor or blender until smooth. (Yield should be 2 cups puree.) Stir in buttermilk.
3. Beat butter and sugar at high speed with a heavy-duty electric stand mixer until fluffy. Add eggs, 1 at a time, beating until blended after each addition. Add peach mixture, and beat until well blended.
4. Layer sliced peaches in a greased 13- x 9-inch pan.
5. Fold flour mixture into butter mixture. Pour batter over sliced peaches in pan. Place pan in a large roasting pan, and add boiling water to roasting pan to a depth of 1 inch.
6. Bake at 350° for 50 minutes or until set. (Pudding will still be moist.) Serve warm or cold with ice cream.





*Last year's Ryde for Lyme event drew a happy crowd.*

# Spoking my Mind

Don't miss the end-of-summer tours

CURT "CYCLE GUY" HENTSCHKE

It's August. That *used* to mean summer vacation was only halfway done. These days, it means the school year is starting up. The lesson here? Get out there and ride as much as you can before summer ends!

Thanks so much for all of the kind emails regarding the recent passing of my my bicycle-loving father. Several of you inquired about my mom. Well, Mom passed away in 2012. She had battled Parkinson's for many years and ended up taking a nasty fall. Though Mom rarely appeared on a bicycle, she encouraged my love of cycling. Even more importantly, she fervently supported my love of writing.

The note on Parkinson's—*see, Mom, you're still giving me ideas*—creates a double segue. First, have you seen the recent research that suggests bicycling, though certainly not a cure, may provide benefits to Parkinson's patients? Second, for those directly or indirectly touched by the disease, the annual Tour de Fox takes place in Santa Rosa on Aug. 27. I took part in this beautiful ride last year (or course, in honor of Mom) and it was quite an emotional experience. Try it!

Closer to home, and one week earlier, the Tour de Menlo returns to the lovely flats and hills of the Peninsula. Sponsored by the Rotary Club of Menlo Park

Foundation and the Almanac, all proceeds support Rotary scholarships and projects, while also infusing much-needed funds into 10 local nonprofits. Leaving Menlo-Atherton High School, riders have their choice of 65-, 46-, and 35-mile routes. Full SAG and rejuvenating rest stops are featured on all rides. Of course, a relaxing lunch will be waiting for all.

Enjoy, and see you in school!

## Save the Dates

### ROAD AND MOUNTAIN

- 8/6 **Marin Century/Mt. Tam Double** [marincyclists.com](http://marincyclists.com)
- 8/6 **Ryde for Lyme** Marin. [rydeforlyme.org](http://rydeforlyme.org)
- 8/20 **Tour de Menlo** Atherton. [tourdemenlo.com](http://tourdemenlo.com)
- 8/21 **Tour of Napa Valley** [eaglecyclingclub.org](http://eaglecyclingclub.org)
- 8/27 **Tour de Fox** Santa Rosa. [tourdefox.com](http://tourdefox.com)
- 9/10 **Best Buddies Challenge** Carmel. [bestbuddies.org](http://bestbuddies.org)
- 9/17 **Tour de Fresno** [tourdefresno.com](http://tourdefresno.com)
- 9/17 **V3 Hopfest** San Ramon. [v3hopfest.com](http://v3hopfest.com)
- 9/17 **Tour de Coop** Silicon Valley. [tourdecoop.org](http://tourdecoop.org)
- 9/24-25 **Waves to Wine** Bike MS San Francisco. [wavestowine.org](http://wavestowine.org)
- 9/24 **Lighthouse Century** San Luis Obispo. [slobc.org](http://slobc.org)
- 9/26 **Canary Challenge** Palo Alto. [canarychallenge.com](http://canarychallenge.com)

### EVENTS

- 9/17 **Tour de Fat** San Francisco. [newbelgium.com](http://newbelgium.com)
- 9/18 **Fremont Peak Hill Climb** San Juan Bautista. [ncnca.org](http://ncnca.org)
- 10/1 **Take a Kid Mountain Biking Day** Salinas. [morcamtb.org](http://morcamtb.org)

**Out & About** makes every effort to supply the correct information but we still recommend you check for last minute changes on dates before attending.

*Curt Hentschke has pedaled over 55,000 miles of Out & About roads and trails. Send your cycle celebrations and celebration to [heycycleguy@gmail.com](mailto:heycycleguy@gmail.com). Ride at your own risk and always within your capabilities. Always wear helmets and sunscreen!*





Ornate tiger moths can be spotted in spring and summer.

# Fun With Photography

## Wildlife At Home: Photographing Moths

GAVIN EMMONS

**T**here are many wonderful wildlife species to photograph in San Benito and Santa Clara counties, but you don't necessarily have to travel far and wide to see them. Indeed, there is one group of animals that you can reliably see right at your front door: moths.

Moths are flying insects that play an

important role in pollinating wild plants and food crops throughout the region, and they provide an important food source for birds, bats and other wildlife. They are also good indicators of ecological health. Although some are day-flying moths that mix actively with butterflies during the sunlit hours, many other species are

nocturnal, or active mostly at night. The moths active at night are often small with brown and black bodies, but also include some very striking and large species, including fuzzy-bodied tiger and sphinx moths with beautiful green-and-reddish or orange-and-black coloration. Nocturnal moths are attracted to bright light sources and will cluster around porch or garage lights through the night. This can be a great opportunity to observe a diverse assemblage of moth species up close and personal.

To photograph night-flying moths, check outdoor light sources near housing structures early in the morning, while the moths are still cool and not yet actively flying. You can often use macro lenses with tripods, telephoto lenses handheld or even smartphone cameras to get some wonderful portraits of moths on the sides of buildings, on rock walls or on tree bark. Green sphinx, ornate tiger and elegant sphinx moths are particularly stunning nocturnal moths to keep an eye out for in spring and summer.

Photographing day-flying moths is similar to photographing butterflies: look in your garden or anywhere with flowering plants when blooms are showy and insects are active with midday sun. Use telephoto and macro lenses, and watch the behavior of different moth species to determine how closely you can approach to capture images. Day-flying moths can sometimes be difficult to distinguish from certain butterflies, but look closely at the antennae: butterflies have club-shaped antennae while moths have feathery or saw-shaped edges on their antennae. Pay attention to flight patterns as well, as moths tend to be weaker flyers, with more active wing beats and less gliding flights. Also check out different field guides for moths, butterflies and wildflowers for information on particular moth species and flowers they prefer to nectar on.

Moths are a beautiful group of wild insects that we often overlook, but they can be wonderful to observe right around—and sometimes inside!—our homes.

*Gavin Emmons is a wildlife biologist and longtime nature photographer in San Benito and Santa Clara Counties. To contact Gavin and see more of his photography work visit [www.gavinemmons.com](http://www.gavinemmons.com).*



# THE MILIAS RESTAURANT

*Take a step back and dine.*



Gilroy's Oldest & Most Historic Restaurant

*Affordable Elegance*

Sunday Brunch (10am-2pm)

Lunch (11:30am - 2pm Tues-Sat)

Dinner (5pm - 9:30pm Tues-Sun)

Steaks • Seafood • Fine Cocktails

[www.themiliasrestaurant.com](http://www.themiliasrestaurant.com)

7397 Monterey Street • Gilroy, CA 95020 • 408.337.5100



Like us on  
facebook for a live  
music schedule



## health markets Insurance

**SPECIAL ENROLLMENT  
AVAILABLE ALL YEAR LONG**



**COVERED  
CALIFORNIA**

"Obama Care"

*I am certified with Covered California*



### FREE ENROLLMENT ASSISTANCE

No Appointment Necessary • Free No Obligation Consultation

**16985 S. Monterey Rd. #306, Morgan Hill**

(next to Dollar Tree)

Contact:

**Ronnie J. Almaraz**

Licensed Agent

**408-687-0731**

Lic#0D43363

Ronnie.Almaraz@healthmarkets.com  
16985 S. Monterey Rd. #306, Morgan Hill

- Health Insurance On and Off Exchange
- Dental • Vision
- Supplements
- (Put Cash benefits directly to you)
- Medicare • Long Term Care
- Life Insurance Term or Permanent
- Annuities and Wealth Transfer
- Final Expense

Disclaimer HealthMarkets Insurance Agency is the d/b/a, or assumed name of Inspire Insurance Solutions, Inc. which is licensed as an insurance agency in all 50 states and the District of Columbia. Not all agents are licensed to sell all products. Service and product availability varies by state.

A Family Tradition-Now in Our 38th Year!

**ROSSO'S**  
FURNITURE

**GILROY** 408-842-2800  
6881 Monterey Rd.  
HWY 101/10th St. Exit

Visit us online  
**[www.rosso.com](http://www.rosso.com)**  
© R.A. POLK MEDIA 2016 | rapolkmedia.com  
**SALE ENDS 8/31/16**

**MORGAN HILL** 408-776-8100  
212 Tennant Ave.  
HWY 101/Tennant Ave.



## CURTAIN CALL



Meet the cast of "Rent," presented by CMT San Jose and showing at the Montgomery Theater in San Jose.

## COMPILED BY KERSTY DANIELS

### CITY LIGHTS THEATRE CO.

**Green Day's American Idiot**  
Thru August 21. 529 S Second  
St, San Jose. [cltc.org](http://cltc.org)

### CMT SAN JOSE

**Rent** Thru August 7.  
**101 Dalmatians** August  
11-14. Montgomery Theater,  
271 S Market St, San Jose.  
[sanjosetheaters.org](http://sanjosetheaters.org)

### ORPHEUM THEATRE

**Beautiful: The Carole King  
Musical**, August 9-Sept. 18.  
1192 Market St, San Francisco.  
[shnsf.com](http://shnsf.com)

### PAPER WING THEATRE CO

**Snow White and the  
Queen** Thru August 20.  
New Monterey Theatre,  
320 Hoffman, Monterey.  
[paperwing.com](http://paperwing.com)



## THEATREWORKS

**Confederates** Thru August 7.  
**New Works Festival** August 12 through 21. Lucie Stern Theatre, 1305 Middlefield Rd, Palo Alto. [theatreworks.org](http://theatreworks.org)

## SAN JOSE YOUTH SHAKESPEARE

**Red Velvet** August 9-14. Historic Hoover Theatre, 1635 Park Ave, San Jose. [youthshakes.org](http://youthshakes.org).

## MOUNTAIN VIEW CENTER FOR THE PERFORMING ARTS

**Life of the Party** August 24-September 18, 500 Castro St, Mountain View. [theatreworks.org](http://theatreworks.org).



*Heather (Melissa Baxter) and Will (Tarif Pappu) share some beers in 'American Idiot.'*

Susan Main Photography

## Hello Neighbor,

Nice to meet you! We are solar professionals who have a lot of passion for helping communities save money and earn their energy independence. Check out some of the benefits of going solar through Sunworks:

- Best In The Industry Warranty - 25 years
- Own your system so YOU get the 30% Tax Credit
- SunPower Panels - The highest quality panels

And now if you go solar with us during the months of July and August we are going to pay for your car's gas for a year!\*



**sunworks**™  
916.409.6900  
[sunworksusa.com](http://sunworksusa.com)

\*Gasoline for one vehicle per house that goes solar. Value not to exceed \$2,000. See website for offer details and other restrictions.



# CALENDAR

## LISTING YOUR EVENT

To list your event, call 408.847.7228 or email [calendar@outandaboutmagazine.com](mailto:calendar@outandaboutmagazine.com). Include the name of the event, date, time, location, contact information and a very short description.

Fliers and press releases for calendar items will not be accepted. Submissions should be no more than 30 words in length. Calendar items run as space permits. Items submitted after the 10th may not appear in next month's calendar.

Every effort was made to ensure the accuracy of the following information. Please confirm details with event coordinators before attending. For handicap accessibility, contact event coordinators.

## AROMAS

### AUGUST 30

**Aromas Day – Art in the Park,** 9am-4pm. Start the day of with a pancake breakfast, 7am, at the Grange Hall followed by art from Aromas Hills Artisans, live entertainment, activities for the kids and a parade through town at 2pm. FREE admission. [aromasday.com](http://aromasday.com)

## CAMPBELL

### AUGUST 4, 11

**Summer Concert Series,** 6:30-8pm. Final two days of summer music on the Orchard City Green. Come listen to Sage and The Crocodiles. Bring lawn chairs for this FREE event. Food, wine and beer available for purchase. In front of Ainsley House, 51 N Central Ave. [ci.campbell.ca.us](http://ci.campbell.ca.us)

### AUGUST 13

**Family Canvas Night,** 5-7:30pm. Have a great family-friendly time painting with the kids. \$30 at The Art Beat, 68 E Campbell Ave. 408.370.5002. [theartbeat.net](http://theartbeat.net).

## CUPERTINO

### AUGUST 2

**National Night Out,** 4-6pm. Join your community for a night out against crime in the Target parking lot at the corner of Stevens Creek Blvd, and Saich Way.

### AUGUST 5, 6, 7

**Shakespeare in the Park,** 7:30pm. "The Winter's Tale" is the crowning achievement of Shakespeare's late career. See it under the stars at Memorial Park Amphitheater, 21250 Stevens Creek Blvd. [cupertino.org](http://cupertino.org)

### AUGUST 12, 19

**Cinema At Sundown,** 8:15pm. Wrap up the kids and get ready for an outdoor movie night. See Aladdin on Aug. 12 and Goosebumps on Aug. 19. Memorial Park Amphitheater, 21250 Stevens Creek Blvd. [cupertino.org](http://cupertino.org)

### AUGUST 14

**Gone Fishing: Fishing 101 for Beginners,** 10am-Noon. Learn about basic equipment, rules and regulations and local "hot spots". An indoor session for 10 and up, no equipment necessary. Stevens Creek County Park, 11401 Stevens Canyon Rd. Register at 408.867.3654. [sccgov.org](http://sccgov.org).

## GILROY

### THRU AUGUST 19

**FREE meals for Children** 8-9am breakfast, 11:30am-1pm lunch: South Valley Middle School and Gilroy High School. 8-9am breakfast, 11:45am-1:15pm lunch: El Roble and Antonio Del Buono

Elementary Schools. The Summer Food Service Program ensures that low-income children continue to receive nutritious meals when school is not in session. Meals are served Monday through Friday for ages 0-18. All meals are served on campus. [fns.usda.gov](http://fns.usda.gov)

### THRU AUGUST

**Musicians Wanted!** Looking for musical groups to perform for one hour at the Annual PorchFest coming in September. Groups will play on selected porches on Hanna and Alexander Streets. This is a fun, free, family-friendly event. [porchfestgilroy.org](http://porchfestgilroy.org)

### AUGUST 2

**National Night Out,** 5:30-8pm. Join in on America's Night Out Against Crime. FREE to the community with music, games, raffles, resources, fingerprinting, photo booth, and more. Downtown Gilroy on Fifth St.

### AUGUST 5- 26

**Sunset Music Series,** 6:30-9pm, Fridays. Food available or bring your own. 21 and over. No outside alcohol. This month's line up: Jimmy Ashley, Jeff and Juli Strametz, M.O.S. Broddah's and P.S. Acoustic Duo. Sarah Vineyard, 4005 Hecker Pass Hwy. 408.847.1947.

### AUGUST 12

**Party in the Park,** 6-8:30pm. Gilroy Recreation is bringing jump houses, rock climbing, music and more family fun to San Ysidro Park at 7700 Murray Ave. FREE to the public.

### AUGUST 13

**The Perseid Meteor Shower,** 11:30pm-2am. Set your alarm and get ready to view one of the brightest meteor shows of the year with up to 100 meteors per hour. Coyote Lake Harvey Bear Ranch. Meet at the launch ramp parking lot with warm cloths,

binoculars/telescope and snacks. 408.842.7800. [sccgov.org](http://sccgov.org)

### AUGUST 20

**Garlic City Car Show,** 10am-5pm. Hang out in the Historic Downtown reminiscing about the good old days or just come to appreciate great classic cars. Enjoy food, beer and wine along the way. [gilroy.org](http://gilroy.org)

### AUGUST 20, 27

**Cigars Under the Stars,** 7-10pm. Enjoy wine pairing with a selection of top of the line cigars. Space is limited. Solis Winery, 3920 Hecker Pass Hwy. For reservations call 888.838.6427 or visit [soliswinery.com](http://soliswinery.com).

### AUGUST 26

**Music in the Vineyard,** 6-9:30pm. Enjoy an evening of food, wine and the Cocktail Monkey's. Members \$5, non-members \$10. Bring a picnic, blankets and chairs. Fortino Winery, 4525 Hecker Pass Hwy. 408.842.3305. [fortinowinery.com](http://fortinowinery.com).

## HOLLISTER

### AUGUST 2

**National Night Out,** 5-8pm. Promoting police-community partnerships making neighborhoods more safe and a better place to live. Participate in activities and gather local information for you and your family in Downtown Hollister, San Benito St.

### AUGUST 5

**Movies in the Park,** starting at dusk. A FREE public showing of "Zootopia". Vendors and food trucks available. Valley View Park (Whale Park), 2381 Driftwood Cir. [hollister.ca.gov](http://hollister.ca.gov)

### AUGUST 6

**Class of 1971 Reunion,** 5-10pm. San Benito High School will have its 45th



reunion, dinner and dance at Ridgemark Golf and Country Club. Enjoy Tri-tip and roasted chicken with all the fixings and rock the evening with the Moondance band. Tickets are \$75. 1971hollisterbalers.com.

## AUGUST 12

**PJ Galvan Memorial Golf Tournament**, Noon shotgun-start. Annually, supporters come together to pay homage to a wonderful young man and raise funds for scholarships. The day concludes with a dinner and dance beginning at 5pm. pjgalvanmemorial.com.

## LOS GATOS

### THRU AUGUST 24

**Jazz on the Plaza**, 6:30-8:30pm, every Wednesday. Featuring world-class local and international musicians in concert, FREE to the public. Los Gatos Town Plaza, at W Main St and Santa Cruz Ave. jazzontheplaza.com

### THRU OCTOBER 2

**'Et in Arcadia Ego'**, during business hours. An exhibition focused on the mythological theme of Arcadia, translated to mean, "Even in Arcadia, there am I". General admission \$9. New Museum Los Gatos (NUMU), 106 E Main St. numulosgatos.org.

### THRU DECEMBER

**60th Anniversary for Santa Clara County Parks**. County Parks is offering a special "Diamond Anniversary Package" including a one-year, all park, vehicle entry pass, 50 percent off two nights of camping and 25 percent off one-hour boat rental at Vasona County Park. The package will arrive in a reusable canvas tote bag with rangers cap and more. Package is \$60 and can be purchased by calling 408.355.2201.

## AUGUST 13-14

**Fiesta de Artes**, 10am-6pm. Come out and enjoy over 150 artists,

food trucks, wine beer and live music. FREE to the public. E Main St. lgfiesta.com

## SEPTEMBER 3

**Los Gatos Park Dance**, 5-9:30pm. Spend a FREE day with the family at Oak Meadow Park and enjoy a ride on Billy Jones Wildcat Railroad and some barbeque. Music from The Houserockers with opening act, The Johnny Neri Band. losgatoscommunityfoundation.org

## MONTEREY

### AUGUST 6, 7

**Monterey Scottish Games and Celtic Festival**, 9am-5pm. Enjoy music, dance and athletic events from the mystical lands of Scotland. Monterey Fairgrounds, 2004 Fairgrounds Rd. montereyscotgames.com

## AUGUST 12

**Downtown Monterey Car Show**, 5-7pm. Thirty authentic and historic race cars will be lined up, as the unofficial start of Classic Car Week. Alvarado St. seemonterey.com

## AUGUST 19

**Exotics On Cannery Row**, 4-8pm. Showcasing the rarest and most exciting Super, Hyper and Exotic cars. FREE to the public. Cannery Row. 831.649.6690.

## MORGAN HILL

### THRU AUGUST 19

**FREE meals for Children** 10-11:2am, Barrett Elementary. The Summer Food Service Program ensures that low-income children continue to receive nutritious meals when school is not in session. Meals are served Monday through Friday for ages 0-18. All meals are served on campus. frns.usda.gov

## AUGUST 5, 12, 19, 26

**Friday Night Music Series**, 6-9pm. Get out and enjoy live music in the park. Look for Busta-Groove, Forejour Foreigner, Houserockers and Sage. Downtown Amphitheater at the corner of Monterey St and Dunne Ave. morganhill.org

## AUGUST 7

**Wine and White**, 2-7pm. Living the Dream Network will host an afternoon of wine, light snacks and great music by Michael Henderson with a special tribute to Prince. Guglielmo Winery, 1480 E Main Ave. General admission is \$55 in advance, \$65 at the door. Tickets can be found at livingthedreamnetwork.org.

## AUGUST 10, 24

**Vines and Vibes**, 5:30-8:30pm. Enjoy music under the canopy with good friends and great wine. Bring your own picnic or purchase food from a local

caterer. Beer, soft drinks and Kettle Corn available for purchase. No cover charge. Guglielmo Winery, 1480 E Main Ave. guglielmowinery.com

## AUGUST 19

**In the Park after Dark Movie Night**, 8:30-10:30pm. Come early and learn about wildlife then watch a family-friendly FREE feature movie on a big screen. Bring a flashlight, low lawn chair or blanket. Anderson Lake County Park, meet at the boat launch parking lot. sccgov.org

## AUGUST 20

**Annual Guglielmo Harvest Festival**, 2-9pm. Celebrate the harvest with games, appetizers, wine, the blessing of the grapes, a barbecue dinner and more wine. Then dance the night away with The Heartbeats. Tickets are \$65. Call 408.779.2145. → 38

## Happy Hour Specials

Monday through Friday 4 to 7 p.m.



Enjoy plenty of small plates along with great drinks and sushi platters. Whether you want to entertain friends, loved ones, or co-workers, you and your guests are sure to be delighted with the great Happy Hour specials at our restaurant.



1875 S Bascom Ave., Ste 2500, The Pruneyard 2nd Floor, Campbell  
408.377.6456 • www.kyotopalace.com



# CALENDAR



*Children gain confidence by creating their own art.*

## Kids' Art Play

Art is not wasted on the youth with Gilroy's Recreation Department Kids Discover Art event. This free outdoor event provides 18 hands-on workshops with art activities for children from 5 to 11 years old. Dress the kids in paint-friendly clothing, apply the sunscreen and head out on August 27, from 9am to 1pm, to the grassy paseo between Gilroy City Hall and the Gilroy Public Library at 350 West Sixth St. Children must be accompanied by an adult. For more information call 408.846.0460.

➔ **37 Sobrato's 80s Dance Party Fundraiser**, 6-10pm. Dress in costume for dinner and dancing to the music of 'Undercover'. All ages are welcome. Have fun with a photo booth and costume contest. Tickets \$25 Adults, \$20 students and \$10 for 12 years and under. Support the Sobrato Band at Ann Sobrato High School Gym, 401 Burnett Ave. Get tickets at [sobratototally80s.bpt.me](http://sobratototally80s.bpt.me).

### SEPTEMBER 5

**Labor Day BINGO Marathon**, doors open 8:30am, 10am first session, 1pm catered lunch and 2pm second session. Lend your support and have a great time while you win prizes, get free daubers and play Flash including Double

1199! Britton Auditorium, 80 W Central Ave. [emeraldregime.org](http://emeraldregime.org)

### SEPTEMBER 10

**Rock for a Reason Concert**, 2pm. Local students of Music As Language will perform with other professionals and dance through the decades to hits from the 1930's to today. Proceeds benefit Edward Boss Prado Foundation and Cecilia's Closet. Morgan Hill Community Center. Get tickets at [musicaslanguage.com](http://musicaslanguage.com).

## SAN JOSE

### THRU SEPTEMBER 4

**Call for Makers.** San Jose Mini Maker Faire is coming soon and looking

for crafters, artisans, artists, builders, performers, thinkers and innovators. To apply go to [makerfaresanjose.com](http://makerfaresanjose.com).

### AUGUST 6-7

**San Jose Renaissance Faire**, 10am-6pm Saturday, 10am-5pm Sunday. Meet the "Knights of Mayhem" and frolic with the ladies in waiting as you stroll the market place. Discovery Meadow, 180 Woz Way. [sanjosefaire.com](http://sanjosefaire.com)

### AUGUST 13

**Spirit of '45 Day, 12-5pm.** Each year, communities across America commemorate the day that World War II ended - August 14, 1945. Join in the celebration and keep the spirit alive

with Big Band music, Swing Dance, Parade, and more. FREE admission for Veterans. History Park, 635 Phelan Ave, in Kelly Park. [historysanjose.org](http://historysanjose.org)

### Family Fandango, 5-8pm.

Celebrate the history of early California with traditional crafts, games, ranching activities and special performances. Historic Bernal Ranch at Santa Teresa County Park, 372 Manila Dr. [parkhere.org](http://parkhere.org)

### AUGUST 13, 14

#### San Jose Jazz Summer Fest.

Silicon Valley's premier music event. Tickets run from \$5 to \$140. California Theatre, 345 S First St. For performance schedule go to [sanjosetheaters.org](http://sanjosetheaters.org).

### AUGUST 27

#### Annual Almaden Hills Run,

8am. Almaden Quicksilver Park with dirt roads, single track and hills. A great country-fun-run off Mockingbird Hill Land. Contact the park at 408.268.3883. Register at [active.com](http://active.com).

### AUGUST 25

**Music in the Park**, 5-10pm. Tower of Power with Super Soul Brothers performs in San Jose. Advanced tickets \$10. Free for 12 and under. Plaza de Cesar Chavez along Market St.

### SEPTEMBER 4

**Mini Maker Faire**, 10am-4pm. Want to see something different, maybe never seen before? Attend the fair at History Park. [makerfaresanjose.com](http://makerfaresanjose.com)

## SAN JUAN BAUTISTA

### THRU AUGUST 19

**FREE meals for Children** 10:30-10:50am, Anzar High. The Summer Food Service Program ensures that low-income children continue to receive



nutritious meals when school is not in session. Meals are served Monday through Friday for ages 0-18. All meals are served on campus. fns.usda.gov

## AUGUST 20, 21

**Vaquero Heritage Days Show and Sale**, 9am-5pm. The day will be filled with artisans sharing their skills related to the vaquero techniques of rawhide braiding, silversmithing and more. Catch the Horsemen demos and presentations. Complete the evening with a dinner and concert. No dogs allowed. St. Francis Retreat, Historic Rancho San Justo, 549 Mission Vineyard Rd. For ticket information go to vaqueroheritagedays.com.

## AUGUST 25-28

**Flynn Creek Circus**, 7pm Thursday and Friday, 4pm and 7pm Saturday, 1pm and 4pm Sunday. Be amazed by the talented cast of aerialists and daredevils. San Juan School Soccer Field, 2300 San Juan Hwy. flynncrekcircus.com

## SEPTEMBER 4

**Admission Day BBQ**, 11:30am-3pm. \$10 per plate. Native Daughters Adobe, 203 Fourth St. 831.245.5829.

## SAN MARTIN

### AUGUST 4, 11, 18, 25

**Time for Wine Music Series**, 5:30-9:30pm. Pack up a picnic and enjoy spectacular vineyard views with David Johnson, Johnny Neir Band, Houserockers and Sugadaddy. FREE event, open to the public. Clos LaChance Winery, 1 Hummingbird Lane. clos.com

### AUGUST 13

**OFP Paws with Patriots Annual Wine Gala**, 5-10pm. Dinner, live music and wine with KBAY's Jona Denz-Hamilton. Help support Operation

Freedom Paws. Tickets are \$55, \$75 at the door. Canine Education Center, 13920 Llagas Ave. Contact Megan at marketing@operationfreedompaws.org or call 408.641.7137. operationsfreedompaws.org

## AUGUST 20

**Monarch Butterfly Migrations**, 9-11:30am. Learn about the Monarch butterfly and its journey from Canada to Mexico while taking a short walk through the park. Learn what butterflies love milkweed and will die without it. Meet at Harvey Bear Ranch off of San Martin Ave. 408.846.5892. sccgov.org.

## AUGUST 31

**Music in the Vineyards**, 1-4pm. Enjoy the afternoon with wine tasting, Bocce Ball and panoramic views. Bring a picnic lunch and listen to Dave Johnson. Miramar Vineyards, 12255 New Ave. 408.710.4635.

## SANTA CRUZ

### THRU AUGUST 28

**Shakespeare in the Grove**. Move through a moonlit comedy of love run amok to an enduring tragedy with A Midsummer Night's Dream and Hamlet. In August catch the Fringe Show, a gender-bending comedy. Bring a picnic or purchase food and beverages at The Grove. De Laveage Park, 501 Upper Park Rd. For show times visit santacruzshakespeare.org.

### AUGUST 6, 7

**Church Street Fair**, 11am-8pm. Experience the best of Santa Cruz in music, art, food and wine. FREE admission for the family with kids activities and Cabrillo Festival's Family Concert. 307 Church St. cabrillomusic.org

### AUGUST 12-14

**California Beer Festival Santa Cruz**, 5:30-8:30pm Friday food and beer pairing, 12:30pm Saturday for Craft

Beer tasting, live entertainment, food vendors. 11-6pm Sunday for family fun day. Aptos, 100 Aptos Creek Rd. californiabeerfestival.com

## AUGUST 21

**Aloha Outrigger Races and Polynesian Festival**, 11am-5pm Polynesian Festival. Bring friends and family to this all-day FREE event. Features fresh flower leis, Hawaiian shaved ice and hula dance performances. Santa Cruz Wharf. cityofsantacruz.com

## SARATOGA

### THRU SEPT 2

**Shakespeare in the Park**, 7pm Thursdays thru Sundays. "Julius Caesar," See this classic political thriller set in the modern world. FREE for everyone. Bring low back folding chairs or blankets and a picnic. Sanborn County Park, 16055 Sanborn Rd. svshakespeare.org

## TRES PINOS

### AUGUST 7

**Class of 1971 Scholarship Luncheon**, Noon-4pm. Annual fundraiser will include silent auction and raffle. The scholarship established by the SBHS alumni of 1971 has been awarded to 11 Balers since 2009. Tickets are \$25.

Pinnacle Hills Golf Course, 7777 Airline Hwy. classof1971scholarship.org

## AUGUST 27

**Hollister Dual Academy's Annual Fundraiser**, 5-10pm. The HDLA Parents Club presents "Una Noche de Musica, an evening of dancing with the legendary Chicano All Stars, along with a delicious dinner including great local wines and beers. Balado Park, San Benito County Fairgrounds off Hwy 25. For tickets call 831.840.9008 or go to hdlaparentsclub.com.

## AUGUST 12, 13, 14

**The Good Old Fashioned Bluegrass Festival**. Three full days of California bands on the main stage. Camping available. Kid friendly with the "Kids on Stage" program and a volunteer-staffed crafts and activities corral. No bicycles or pets allowed except service dogs. San Benito County historical Park, 8300 Airline Hwy. scbs.org

## WATSONVILLE

### SEPTEMBER 3

**Wings Over Watsonville**, 8am-6pm. Family-friendly and FREE. Enjoy the day with Warbird demos, Historic and Antique Aircraft, kids zone, food vendors and more. Watsonville Municipal Airport, 100 Aviation Way. watsonvilleflyin.org

→ 40

### Stop In and Taste the Difference

Present this coupon for a



**FREE order  
Fresh Cut Fries**  
with any  
Burger or Sandwich

8401 Church Street • Weiburn, Gilroy CA  
408-767-2055  
www.cafe52burgerco.com



**FREE order  
Homemade Chips**  
with any  
Sandwich or Salad

60 4th Street • Elginberry, Gilroy CA  
408-767-2868  
www.cafe52breadco.com

**2016 Out & About Winner**

Church	Weiburn
1st.	Elginberry
4th.	Monterey Road

Expires Dec. 31 2016



# CALENDAR



Photo credit

*Volunteers come together at a Stuff The Bus event collecting much needed school supplies for kids in the San Benito School district.*

## Bus Stuff

Start stockpiling those school supplies and help Stuff The Bus with United Way. Help send kids back to school ready to learn. Some of the items needed are binders, colored pencils and crayons, pens, rulers, glue sticks and more. You can drop them off any time through August 8 at many local businesses such as the Heritage, Union or Wells Fargo Banks, San Juan Bautista Visitor's Center or the local YMCA. For a full list of needed supplies and other ways you can help go to [unitedsaysbc.org](http://unitedsaysbc.org).

## ← 39 ON-GOING SUNDAYS

### CAMPBELL

**Downtown Campbell Farmers' Market**, 9am-1pm. Year-round market with crafts vendors and live music on Campbell Ave and Third St.

### MORGAN HILL

**Downtown Indie Market**, 1-5pm. Fourth Sunday through August. A fun street fair with vendors featuring unique arts and crafts. FREE admission. 30 E Third St. [morganhilldowntown.org](http://morganhilldowntown.org)

**Good Grief Group**, 2pm. First and third Sunday. Providing a safe and respectful place to share your grief.

United Methodist Church, 17175 Monterey St. 408.607.5779. [platinumcr@aol.com](mailto:platinumcr@aol.com)

**MH Grange Breakfast**, 8-11am. First Sunday. Pancakes, eggs, ham or sausage, juice, coffee, tea. \$6. Morgan Hill Grange, 40 E Fourth St. 408.776.1500.

**LOER BINGO**, 1:15 open. Support Live Oak Emerald Regime. Britton Auditorium, 80 W Center Ave. [emeraldregime.org/bingo](http://emeraldregime.org/bingo)

## MONDAYS

### GILROY

**Grief Support, 6-7:30pm**. Third Mondays. Share joys and common concerns and make new friends. Gilroy Presbyterian Church, 6000 Miller Ave. Contact Judi Johnson at [jj2x@att.net](mailto:jj2x@att.net) or

call 831.524.5738. All are invited on the first Mondays for a dinner and social at Old City Hall at 7400 Monterey St. Inquiries are most welcome.

**Parkinson's Support Group**, 1-3pm. Second Monday. The Village Green Senior Living Center. FREE. 7600 Isabella Way. 408.848.2240.

**South County Meditation Group**, 6:30-8:30pm. Second Monday through December. No charge, donations accepted. Dry Creek Village, 8347 Church St. 408.842.0208. [bluelotuscenter.org](http://bluelotuscenter.org).

### MORGAN HILL

**Duplicate Bridge Game**, 6:20pm. Open and 99'er games. ACBL sanctioned. Guaranteed partner. Morgan Hill Senior center, 171 W Edmundson Ave. Call Win Stone at 408.921.8512 or email win.stone@charter.net.

### SAN MARTIN

**Line Dancing Lessons**, 7:30-9:30. Join Lu at the San Martin Lions Club, 12415 Murphy Ave. 408.683.4448.

## TUESDAYS

### GILROY

**Gilroy Ladies Golf Club** looking for new members. Play 18 holes on Tuesdays. Contact Peggy Woolf at 408.779.0886 or Janet McElroy at 408.776.7509.

### HOLLISTER

**Duplicate Bridge with Linda**, Noon. Refreshments served or bring a lunch. Dunne Park, 600 West St. 831.801.9257. [linda.king@hughes.net](mailto:linda.king@hughes.net)

**Amateur Radio Association Meeting**, 7-9pm, Second Tuesdays through November. San Benito County Operation Center, 3226 Southside Rd. [sbcares.org](http://sbcares.org)

### MORGAN HILL

**BINGO**, 5pm. CCC, Hiram Rm., 17000 Monterey Rd. 408.782.1284. [fmhsc.org](http://fmhsc.org)

**Dementia Caregiver Support Group**, 6-7:30pm. Third Tuesday. Drop-in okay. \$8 fee requested but not required. New Location: 17015 Walnut Grove Dr. Suite 103. 408.225.6617. [dementiacarecoaching.com](http://dementiacarecoaching.com)

**Line Dancing with Lu**, 1-3pm. \$2. Morgan Hill Recreation Center, 171 W Edmundson, Senior Center.

**La Leche League Meeting**, 6:30-7:30pm. Third Tuesday. Casa Natal Birth Center, 50 W. Main Ave. Suite D. 408.778.7583.

**Prenatal YOGA**, 5:30-6:30pm. Specially designed for expectant women led by a certified instructor and Registered Nurse. Mira Monte Dance room at Community Cultural Center, 17000 Monterey St. 408.825.3774.

**South Valley Quilt Association** 7pm. Second Tuesdays. Meeting and social at Hiram Morgan Hill House, 17860 Monterey Rd. Become a member for \$30 annually. [svqa.org](http://svqa.org)

## WEDNESDAYS

### GILROY

**Dementia Caregivers Support Group**, 6:30-7:30pm. First Wednesday. Village Green of Gilroy, 7600 Isabella Way. 408.441.0223.

**Jam Night**, 7-11pm. Calling all musicians and friends to The District Theater, 7430 Monterey St. Bring your instrument, vocalist always welcome and sign up to play with other local artist. Food available for delivery from The Milias Restaurant. [thedistricttheater.com](http://thedistricttheater.com)



**Line Dancing with Lu**, 7-10pm.  
FREE lessons, donations welcome. Old  
City Hall, 7400 Monterey St. 408.842.3454.

**South County Meditation  
Group**, 6:30-7:30pm. All meditators  
welcome. No charge, donations  
accepted. Dry Creek Village, 8347 Church  
St. 408.842.0208. [bluelotuscenter.org](http://bluelotuscenter.org)

## HOLLISTER

**Breast Cancer Support Group  
Sisterhood of Survivors**, 7pm.  
Second Wednesday. Hazel Hawkins  
Memorial, 911 Sunset Dr., hospital  
boardroom. 831.636.2644.

**Downtown Hollister Certified  
Farmers' Market**, 3-7:30pm.  
Includes crafts, culinary demos and live  
entertainment. San Benito St.

**Hollister MS Self-Help Group**,  
6:30-8pm. Fourth Wednesday. Hazel  
Hawkins Memorial, 911 Sunset Dr.,  
Hospital Boardroom. Contact Andrew or  
JoAnn at 831.630.0266.

**Memory Impairment Group**,  
6-7:30pm. First Wednesdays. Develop  
communication skills and coping  
strategies when caring for a person who  
suffers from memory impairment, FREE.  
Light refreshments served. Community  
Center, Jovenes de Antano, 300 West.  
St. 831.637.9275 or 831.637.9276.

## MORGAN HILL

**Dementia Caregivers Support  
Group**, 6:3-7:30pm. Third Wednesday.  
Westmont of Morgan Hill, 1160 Cochrane Rd.,  
Conference Rm. First floor. 408.779.8490.

**Breast Cancer Support Group**,  
6:30-8pm. First and third Wednesdays. FREE  
support group. Conference room at Pacific  
Hills Manor, 370 Nobel Ct. 408.779.8004.

**Morgan Hill Wind Symphony  
Rehearsals**, 7:30pm. Join a brass

and woodwind community band for  
instrumentalists ranging in age and  
ability. Musicians are encouraged to  
come listen in and are welcome to join  
if interested. Morgan Hill Presbyterian  
Church, 16970 De Witt Ave.

## SAN JUAN BAUTISTA

**Native Daughters of the  
Golden West meeting**,  
6pm social, 6:30 meeting. Second  
Wednesdays. NDGW Adobe, 203 Fourth  
St. New members encouraged. [ndgw.org](http://ndgw.org)

## SAN MARTIN

**BINGO at the San Martin Lions  
Club**, 6:30pm regular bingo. 4pm doors  
open. 12415 Murphy Ave. 408.683.4448.

## THURSDAYS

### CAMPBELL

**Adjusting to Motherhood**, 1:30-  
3pm. Drop-in Emotional Support Group  
for moms of infants up to one year old. No  
one is turned away. Suggested donation  
\$15. Tiny Tots Baby Boutique, 138 Railway  
Ave. [downtowncampbell.com](http://downtowncampbell.com)

**Duplicate Bridge Game**, 10am.  
Open and 99'er games. ACBL sanctioned.  
Guaranteed partner. Gilroy Senior  
Center, 7371 Hanna St. Call Win Stone  
at 408.921.8512 or email [win.stone@charter.net](mailto:win.stone@charter.net)

## LOS GATOS

**South Bay Folks Acoustic Open  
Mike**, 6:45pm. Open to all acoustic  
musicians, singers and songwriters. Los  
Gatos Lodge, 50 Los Gatos-Saratoga  
Blvd. [southbayfolks.org](http://southbayfolks.org)

## MORGAN HILL

**Piece by Piece Quilters**, 6:30-  
9pm. Third Thursday. Presbyterian  
Church, 16970 Dewitt Ave. Call Marianne  
Peoples at 408.842.9022. → 42



*A rustling sound will run through Morgan Hill.*

## Wind Symphony

Discover the music of the Morgan Hill Wind  
Symphony at this year's outdoor concert "Musical  
Musings", a community band performing a varied of  
fun and sometimes humorous music. The MHWS is a  
group of musicians ranging from high school students  
to career professionals, providing an opportunity for  
musicians to practice and perform in a relaxed and  
supportive environment. Everyone is invited to a free  
evening of music on August 7, from 6 to 8:30pm at  
the Morgan Hill Presbyterian Church, 16970 De Witt  
Ave. [mhws.org](http://mhws.org)

**COMPUTER**

**OUTLET**

A Subsidiary of CSI

**WE'VE  
MOVED!**

**SALES • SERVICE • RECYCLING**

**290 Nagareda Drive, Ste.1, Gilroy**  
**(408) 848-2001**



# CALENDAR



*People come from all over to shop the Annual San Juan Bautista Antique and Collectable Fair.*

## Treasures to Behold

The San Juan Bautista's Annual Antique and Collectibles Fair is a sight to be seen with everything from memorabilia to nostalgia. Stop in for lunch at any of the local restaurants or food vendors along the way. Be prepared to shop on August 14 from 8am to 4pm along Third Street and throughout the Town Plaza. [sanjuanbautistaca.com](http://sanjuanbautistaca.com)

### ← 41 SAN MARTIN

**Pacheco Pass 4-H monthly meeting**, 7-8pm. Youth learn leadership, citizenship and life skills. Join the monthly meeting. 408.824.8201. [pachecopass4hclub@gmail.com](mailto:pachecopass4hclub@gmail.com)

**Gilroy-Morgan Hill Patriots Monthly Meeting**, 7pm. Fourth Thursdays. Conservative and concerned citizens are invited. Keep up to date on politics. Lions Club, 12415 Murphy Ave. Contact Doug at [dwilbs@aol.com](mailto:dwilbs@aol.com).

### FRIDAYS

#### CAMPBELL

**First Fridays-Downtown Campbell**, 6-9pm. FREE entertainment from one end of E Campbell Ave to the other, lots of great shopping and great food. [downtowncampbell.org](http://downtowncampbell.org)

### GILROY

**Friday Night BINGO**, doors open at 4pm, early bird games start at 6pm. VFW, 200 W Sixth St.

### LOS GATOS

**10th Avenue Band**, 7-9pm. Fourth Friday. Admission \$5. Prizes, beverages and light snacks available. LGS Recreation Center, 208 E Main St. 408.354.1514.

### MORGAN HILL

**Breastfeeding Support Group**, 10:30-Noon. Casa Natal Birth Center, 50 W Main Ave. Suite D. 408.778.7583.

### SAN JUAN BAUTISTA

**Pedro Party**, 6:30pm. Second Fridays. Includes prizes and light snacks. Open to all. Admission \$5. NDGW Adobe, 203 Fourth St.

### SAN MARTIN

**San Martin Horsemen's Association meeting**, 7pm. Second Friday. Lion's Club, 12415 Murphy Ave. [smhorse.org](http://smhorse.org)

### SATURDAYS

#### CAMPBELL

**Second Saturdays in the Downtown**, 2-6pm. FREE monthly art walk and street entertainment showcasing local artists. E Campbell Ave and N First St. [downtowncampbell.com](http://downtowncampbell.com)

**Parents Night Off**, 6-8:30pm, Third Saturdays. Let the staff at The Art Beat hang out with your kids while you enjoy a shopping trip, dinner out or take time to regroup. Kids can enjoy crafts and other fun activities. Pizza and beverages included. 68 E Campbell Ave. Register at [theartbeat.net](http://theartbeat.net).

#### CUPERTINO

**De Anza College Flea Market**, 8am-4pm. First Saturdays. Find Antiques and collectibles, art, books, jewelry and more. Parking Lots A and B, 21250 Stevens Creek Blvd. [deanza.edu](http://deanza.edu)

### GILROY

**Book Sale**, 10am-1pm. Second Saturday. Find great deals every month at the Gilroy Library, 350 W Sixth St. [sccl.org](http://sccl.org)

**Essential Tremor and Dystonia Support Group**, 10am-Noon. Every other month FREE. The next meeting will be in September at St. Louis Regional Hospital boardroom, 9400 No Name Uno. 408.847.8649. [det@gmail.com](mailto:det@gmail.com) or [detsv.org](http://detsv.org).

**Gourmet Alley Flea Market**, 8am-3pm. Third Saturday through August. Fresh new community flea market featuring a variety of local vendors. On Egleberry St., between Fourth and Fifth St., in the public parking area. To be a vendor call 408.842.8236.

**Monthly Historical Walking Tours**, 10am-Noon. First Saturdays. FREE

monthly tour of historical Gilroy. Meet in front of the Gilroy Museum, 195 Fifth St. Call ahead for details at 408.846.0446.

### HOLLISTER

**Frazier Lake Airpark Antique Aircraft Display and Fly-In**, 10am-3pm. First Saturday. The public is welcome to visit for FREE to see vintage aircraft in a beautiful country setting. [frazierlake.com](http://frazierlake.com)

### LOS GATOS

**Los Gatos Art Association meetings**, 1-3pm. Second Saturdays. Members, their guest and others considering membership are welcome. Los Gatos Adult recreation center, 208 E Main St. [lgaa.org](http://lgaa.org)

### MORGAN HILL

**Tennant Avenue Certified Farmer's Market**, 11am-Noon Saturday, 1:30-2:30pm Sunday. Live music, produce, honey, arts and crafts. Tennant and Murphy. [tennantavenuefarmersmarket.com](http://tennantavenuefarmersmarket.com)

**LOER BINGO**, 4:15 open. Support Live Oak Emerald Regime Band and Color Guard. Britton Auditorium, 80 W Center Ave. [emeraldregime.org/bingo](http://emeraldregime.org/bingo)

**BookSmart Art**, 10am, Second Saturdays. For kids ages 4-12 depending on the project. Materials cost between \$2 and \$5. 778.6467.

### SAN JUAN BAUTISTA

**History Comes Alive**, 11am-4pm. First Saturday. The Plaza at the state historic park comes alive with 19th century life: blacksmithing, gold-panning, old-fashioned toys, baked breads and freshly churned butter. Demos of pioneer life, fur trapping and more. 831.623.4881. [plazapha@gmail.com](mailto:plazapha@gmail.com)



# FREE "Living Trust" Seminars

## Plus Medi-Cal Planning & Eligibility



*Taking care of your needs and your loved ones*

### Seminars will cover important topics such as:

- Advance Directives
- Living Trusts • Wills
- Medi-Cal Planning
- Nursing Home Eligibility
- Asset Protection for your spouse & heirs

*You don't want to miss this*

Attend one of these **FREE** seminars and receive a free private consultation to answer any questions you have about Estate Planning or Medi-Cal Planning - even if you already have a Living Trust.

*Additional Seminar dates visit us at: [www.wardesq.com](http://www.wardesq.com)*

### SAN JOSE

**August 23, 2016  
TUESDAY  
4:30pm-6:00pm**

THE AMERICAN LEGION HALL  
Willow Glen Post 318  
1504 Minnesota Ave., San Jose

### SAN JOSE

**August 24, 2016  
WEDNESDAY  
11:30am-1:00pm**

THE AMERICAN LEGION HALL  
Willow Glen Post 318  
1504 Minnesota Ave., San Jose

### SAN JOSE

**August 25, 2016  
THURSDAY  
1:00pm-2:30pm**

THE AMERICAN LEGION HALL  
Willow Glen Post 318  
1504 Minnesota Ave., San Jose

**Seating is Limited. Call to Register today: (800) JIM-WARD • (800) 546-9273 or online [www.wardesq.com](http://www.wardesq.com)**



THE LAW OFFICES OF  
**JAMES A. WARD**  
J.D., LL.M. ESTATE PLANNING  
ELDER LAW & ESTATE PLANNING

WILLOW GLEN  
1035 Minnesota Ave., Ste. B, San Jose, CA 95125  
408-606-8588

SOUTH VALLEY  
7888 Wren Ave., Ste. D-140, Gilroy, CA 95020  
408-847-4800



The **ONLY** estate planning attorney in the South Valley area with a postgraduate law degree in estate planning.



# HAZEL HAWKINS MEMORIAL HOSPITAL WOMEN'S DIAGNOSTIC SERVICES

THE AREA'S LEADER IN STATE-OF-THE ART  
DIAGNOSTIC SERVICES FOR WOMEN.



Featuring our  
***NEW Automated 3D Breast Ultrasound***

- Digital Mammography
- Digital Stereotactic Breast Biopsy
- 3D and 4D Ultrasound
- Bone Densitometry
- Echocardiography



Hazel Hawkins  
MEMORIAL HOSPITAL

911 Sunset Drive, Hollister  
(831) 637-5711  
[hazelhawkins.com](http://hazelhawkins.com)

Health. Compassion. Innovation.

